A GOLDEN ANNIVERSARY, 4 | SUMMER LIFE, 17 | LIVING YOUR BEST LIFE, 34

rocky hill LIFE

June 2016 • TurleyCT.com
A product of TurleyCT Community Publications
Volume 3, Edition 9

Off and running

Mena Shehata is always on the move

See story on page 13

SIMPLY Your Local Wireless Expert Center

verizon
SIMPLY | Premium Wireless Retailer

ROCKY HILL
38 TOWN LINE RD.
Next to Town Fair Tire
860-757-3337

Activation/upgrade fee/line: Up to $40. IMPORTANT CONSUMER INFORMATION: Subject to VZW Agmt, Calling Plan and credit approval. Offers and coverage, varying by service, not available everywhere; see verizonwireless.com. While supplies last. Restocking fee may apply. © 2016 2015 Verizon Wireless.

Buy a Samsung Galaxy S7 edge or Galaxy S7. Get one free.
New devise payment activation req'd per device. Each phone $28/mo or $33/mo for 24 mos; 0% APR. Free phone of equal or lesser value. Retail price of S7 ($672) or S7 edge ($792) less up to $792 mail-in Visa prepaid card. Taxes on retail prices at sale. Lines must remain active for 6 mos. Limited time offer.

FREE
Verizon Ellipsis™ 8
Only on Verizon
$100 2-Yr Price w/$100 Mail-In Rebate Debit Card.
New 2 Yr activation required.

$20 Off ANY STORE PURCHASE
Limit one coupon per customer; cannot be used towards pre-pay, wireless service, or combined with other offers. Can be redeemed only at this location. Restrictions apply. Expires 6/15/16.

Free* GLASS SCREEN PROTECTOR
A $34.99 value. With coupon and phone activation.
Cannot be combined with other offers. Restrictions apply; see rep for details; Valid at this location. Expires 6/15/16.

Residential Customer
ECR-WSS

PRSRT STD
US POSTAGE
PAID
PALMER, MA
PERMIT #22

TurleyCT Community Publications
540 Hopmeadow St.
Simsbury, CT 06070

COLDWELL BANKER
RESIDENTIAL BROKERAGE

Agent of the Month

Cyndi Rabb
860-986-6129

Karen Woolley
860-690-0701

Darlene White
860-881-3424

Sandy Whitaker
860-760-5959

Cris Walsh
860-214-5964

Mary-Rose Vasques
860-760-8900

Craig Sundquist
860-335-8531

Pamela St. Jean
860-760-5960

Lizz Romano
860-983-6330

Valerie Roman
860-982-1148

Harrison Amadasun
860-778-7717

Paul Aube
Senior Loan Officer

Sabrina Betts
860-402-5992

Scott Brown
860-358-9296

Salvo Calafiore
860-706-2810

Sebby Caramma
860-729-6555

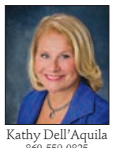
Joyce Cianci
860-760-5983

Lina D'Angelo
860-380-7121

Donna Dargie
860-883-5419

Shirley Davies
860-922-0093

Chris Devanney
860-760-3640


Kathy Dell'Aquila
860-559-0825

Sara Felter
860-573-8008

Wethersfield **$419,000**
Relax in the comfort of this 4BR/3BA home! Appealing Colonial w/a generous floorplan, 2 FPs, CAIR & front to back formal LR. Screened-in porch & 2 car garage. You will fall for this "must-see" home.
JoyceCianci.com **860-760-5983**

Wethersfield **$415,000**
Begin & end your search w/this 5BR/2BA Victorian on 1.34 acres! Charming home offers 2 FPs, beautiful HW floors & laundry on 1st fl. Good sized BRs, oversized windows & CAIR. Ideal for stylish living!
Lina D'Angelo **860-380-7121**

\Wethersfield **$395,000**
Treat yourself to this beautiful 4BR/2+BA Colonial. Gracious home boasting open floor plan, FP & HW floors. Finished lower lvl adds about 800 sqft of living space. 1st fl laundry. A charming backdrop!
MaureenHorowitz.com **860-205-9678**

Wethersfield **$394,500**
Live with ease in this very pleasing 3BR/2+BA home. Many comforts, including open, airy floor plan, FP, CAIR & 1st fl mastersuite. Vaulted ceilings, HW floors & 41 ft deck. A perfect lifestyle set-up!
Lisa-Bowman.com **860-983-6789**

Wethersfield **$329,900**
Spice up your life w/this 3BR/2BA Colonial/Tudor. Highlights of this exceptional home are remodeled kitchen w/granite/ss apps, updated baths & refinished HW floors. Slider out to deck/stone patio.
CristinaWalsh.com **860-214-5964**

Wethersfield **$324,500**
Reward yourself w/luxury in this impressive 4BR Antique Colonial offering a river view. 3 FPs, original millwork & wide floor boards. Updated kitchen w/pantry, CAIR & upgraded electrical. A Must See!
DickPeplau.com **860-463-2288**

Wethersfield **$319,900**
Beautiful 5BR/2+BA Colonial that is perfect for everyday life. Appealing home offering master suite, 1st fl laundry & private level lot. Large living rm w/ FP, vaulted ceilings & oversized windows.
Lina D'Angelo **860-380-7121**

Wethersfield **$299,900**
Hurry to obtain this special 4BR/2BA Vintage-style Colonial. Generous floorplan, extra large windows, FP & high ceilings. Updated white kitchen. Sunroom, large level lot. Warm & charming atmosphere!
Lisa-Bowman.com **860-983-6789**

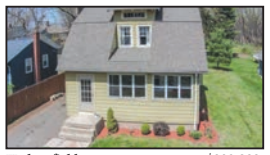
Wethersfield **$279,900**
You will love this spacious 3BR/3BA Ranch. This engaging home highlights a master suite, HW floors and a wood burning FP. Finished lower level with bar. Oversized 2-car garage. A must-see discovery!
Lisa-Bowman.com **860-983-6789**

Wethersfield **$269,500**
There is a lot to love in this rewarding 3BR/2BA Ranch. Attractive home offers HW floors, enclosed porch and 2 FPs. CAIR/CVAC, garage and gas heat. Large level lot, patio. Enjoy its easy-going style!
Lisa-Bowman.com **860-983-6789**

Wethersfield **$264,900**
Pristine 4BR Colonial w/Pottery Barn flair. Remodeled kitchen, front to back living room w/wood-burning FP & gleaming HW floors. Patio overlooking fenced yard. Don't miss seeing this outstanding home!
Lisa-Bowman.com **860-983-6789**

Wethersfield **$249,900**
Claim the unique charms of this 2BR/2+BA Collier Farm's condo! Open floor plan, gas FP, HW floors & large windows. CAIR, deck & garage. Complex offers an village feeling. You won't be disappointed!
SandraWhitaker.com **860-760-5959**

Wethersfield **$244,900**
ind real comfort in this delightful 2BR/2+BA unit that is close to highways & shopping. Open floor plan with gas heat & central air. Living room with fireplace and a deck for those summer cookouts.
JohnGerardi.com **860-983-4427**


Wethersfield **$239,888**
Cherish this renovated 4BR home in historic Old Wethersfield. Inviting residence offering HW flooring, updated kitchen w/quartz counter top & spacious bedrooms. Partially finished basement. Gas heat.
MatthewGuida.com **860-888-2732**

Wethersfield **$194,900**
You'll enjoy life in this delightful 2-3BR/1.5BA Ranch. Enticing home offers open flrplan, corner FP & updated kitchen/baths. Partially finished basement w/sauna. A home that has everything you need.
Lisa-Bowman.com **860-983-6789**

Wethersfield **$174,900**
Put those cares aside in this light & bright 2BR/1.5BA end-unit condo. Lovely details include open flrplan, updated kitchen & formal dining rm. HW floors, FP & main fl laundry. Many charms to cherish!
Lina D'Angelo **860-380-7121**

Wethersfield **$159,900**
Become the proud owner of this 2BR/2.5BA end-unit. A happy haven, featuring FP, eat-in kitchen plus walk-out basement. 2nd-floor laundry, central air. Garage, patio. Easy-going, leisurely living!
LindaPacelia.com **860-729-1757**

Rocky Hill **$339,900**
Home, sweet home is yours in this pristine 3BR/1.5BA DeJohn built Colonial. Updated kitchen w/ss apps, formal dining rm & HW floors. Formal living room w/ wood burning FP. 1st fl laundry. Deck & patio.
Karen Woolley **860-760-3524**

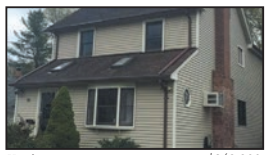
Rocky Hill **$334,900**
Enjoy the distinction of this freshly painted 4BR/2BA Ranch! Engaging home providing updated kitchen w/granite, high ceilings, CAIR & cozy fireplace. Wrap around deck & gazebo. Anticipate the best!
Maggie-Francis.com **860-205-4692**

Rocky Hill **$310,000**
Make an excellent move to this 3BR/2+BA Colonial w/wooded views. Ideal features such as hardwood flooring, finished walk-out basement & gas fireplace. Remodeled kitchen with granite & gas range. Deck.
MaureenHorowitz.com **860-205-9678**

Rocky Hill **$198,500**
Prime time! Enjoy it fully in this intriguing 2BR/2+BA condo at Fairway's Edge with woodland views. Lovely details include master suite w/balcony, gas FP & open floor plan. Private deck. Pets allowed.
SandraWhitaker.com **860-760-5959**

Glastonbury **$415,000**
Don't miss this 3-4 BR/3BA masterfully restored barn. Incredible property, accented by high beamed ceilings, open flrplan plus natural woodwork, finished basement w/it's own entrance & mastersuite.
HelenKrzyczynski.com **860-205-7063**

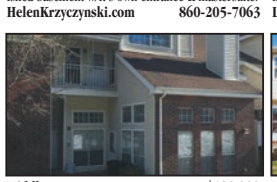
Newington **$379,000**
You can't resist this 4BR/3+BA Split level. Superior sensibility, enhanced by updated kitchen/baths, FP & large master suite. CAIR/CVAC. In-law suite in finished lower lvl. A perfect lifestyle set-up!
Lina D'angelo **860-380-7121**


Newington **$249,900**
Create a warm retreat in this comfortable 4BR/1.5BA Colonial! This engaging home highlights fireplace, HW floors & open floorplan. Updated kitchen & baths. Don't miss seeing this very attractive home!
BarbaraMyslinski.com **860-883-2099**

Middletown **$375,000**
Distinctive 3BR/3+BA unit- perfect for entertaining! Upgraded kitchen w/granite & ss apps, oversized Trex deck & sunroom. 1st fl master suite, gas heat. Discover great looks as well as great living!
SaraFelter.net **860-573-8008**

Middletown **$284,900**
A charming ambiance comes w/this 3BR/2.5BA Colonial w/a fantastic cul-de-sac location! Relax in the formal living room w/FP. Large updated kitchen, mastersuite & private deck. Superb layout and style!
MaureenHorowitz.com **860-205-9678**

Middletown **$272,500**
Life is enhanced in this 3BR/2BA Cape. Terrific home providing updated kitchen/bath, HW floors and enclosed sun room. Largest lot in the sub-division w/a fenced-in area. Oversized deck, 2-car garage.
LizzRomano.com **860-760-8067**


Middletown **$128,000**
Hurry to see this engaging 2BR/2BA end unit condo. Newly renovated including fresh paint and updated kitchen/baths. Open floor plan with cathedral ceilings. Resort like complex & conveniently located.
Kathy Dellaquila **860-559-0825**

Middletown **$124,900**
Upkeep is so easy in this freshly painted 2BR/1.5BA condo. Ideal offerings such as living/dining combo, great sized BRs & partially finished basement. Newer insulated windows. Priced right & so nice!
HelenKrzyczynski.com **860-205-7063**

Middletown **$112,500**
Upkeep is a breeze in this cheerful 4BR/1.5BA Townhouse. Fine home offering partially finished basement, laundry in unit and pets allowed. Carport, community pool. Come add your personal touches!
DickPeplau.com **860-463-2288**

New Britain **$187,000**
Discover the flair of this pristine 3BR/2BA Cape Cod! Charming details such as beamed, cathedral ceilings, hardwood flooring and fireplace. Partially finished basement, huge living room and garage.
WayneHorgan.com **860-760-8044**

New Britain **$155,000**
Make yourself at home in this welcoming 3BR Cape Cod on a big, fenced lot. First floor master, eat-in kitchen & attached garage. Spacious bedrooms, wood burning stove. A home offering real value.
Alisa Orzolek **860-209-5174**

Cromwell **$157,000**
Look into this desirable 2BR/2BA condo at Oxford Park. Finished basement, roomy bedrooms & HW flooring. Can add personal touches outside unit as well. Complex offers clubhouse, swimming pool & tennis.
MaureenHorowitz.com **860-205-9678**

Berlin **$279,900**
Welcome the good life in this impeccable 2BR/2+BA condo. Among its features are 1st fl master with vaulted ceilings, 2-story great rm with a wall of windows & kitchen w/granite & sliders to Trex deck.
SaraFelter.net **860-573-8008**

Southington **$594,900**
Combine elegance with function in this exceptional open floor plan 4BR/2+BA two-story. A gracious lifestyle, w/main fl Jmaster suite, soaring ceilings & modern updated kitchen w/granite. 9-car garage.
Vinnie Giarratana **860-913-8155**

Southington **$524,900**
Custom built 4BR/2+BA Ranch on 4.5 private acres of land. 2-sided gas FP, modern kitchen & 10 ft glass paneled doors bringing the outside in. Front to back mastersuite, CAIR & high ceilings. Perfect!
CyndiRabb.com **860-986-6129**

Top Listing Agent

Lisa Bowman
860-983-6789

Douglas Francis
860-478-8086

Maggie Francis
860-205-4692

Antoinette Gabriel
860-997-6720

John Gerardi
860-983-4427

Vin Giarratana
860-913-8155

Matthew Guida
860-888-2732

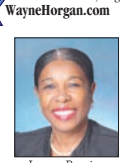
Norman Hamilton
860-985-3270

Stacey Hodges
860-760-8005

Wayne Horgan
860-760-8044

Top Co-Broke Agent

Cyndi Rabb
860-986-6129


Lorna Purrier
860-869-4924

Dan Preniqi
860-869-3166

Oomilya Poo-Nark
860-502-8242

Christopher Peralta
860-402-7591

Dick Peplau
860-463-2288

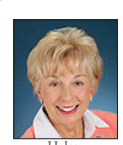
Linda Pacelia
860-729-1757

Carmen Muszynski
860-760-9962

Carolina Mimo
860-331-0396

Marileno Miano
860-478-5144

Barbara Krucko
860-883-2099


Helen Krzyczynski
860-205-7063

Maureen Horowitz
860-205-9678

Top Sales Agent

Lisa Bowman
860-983-6789

Wethersfield Office | 1331 Silas Deane Highway | Wethersfield, CT 06109 | 860.563.1010

ColdwellBankerHomes.com

©2016 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker Logo, Coldwell Banker Previews International, the Coldwell Banker Previews International logo and "Dedicated to Luxury Real Estate" are registered and unregistered service marks owned by Coldwell Banker Real Estate LLC.

COLDWELL BANKER PREVIEWS INTERNATIONAL

COLDWELL BANKER RESIDENTIAL BROKERAGE

rocky hill LIFE

June 2016
Read online: TurleyCT.com

540 Hopmeadow Street
Simsbury, CT 06070
t 860-651-4700
TurleyCT.com

QUOTE OF NOTE:

"What makes this place unique is that you have an outdoor-indoor experience."
- Margaret "Meg Enkler"

See story page 4

ON THE COVER

Mena Shehata wants to run in every city and town in Connecticut.

Photo by Lisa Brisson
See story page 13

9 LIFE in the classroom
16 From the mayor's desk
17 Summer LIFE
25 Student of the month
26 Put the phone down
30 Volunteers build
31 Calendar
32 News roundup
34 Living Your Best LIFE
38 Slice of LIFE
40 A new leash on LIFE
42 Editorial
47 Weather

Custom Garages

The Perfect Match For Your Home

Innovative designs in garages now allow you to easily match your existing home. Our creative modular construction with clear span design allows versatile storage, with no restrictions.

Call Today for a FREE Design Consultation!

Our Outdoor Sales team will be happy to provide you with information on pricing, the process, and how to get started!

KLOTER FARMS

KloterFarms.com 860-871-1048 216 West Rd, Ellington
FREE DELIVERY in CT, MA, RI $1500 min., extra charge for Cape Cod, MA.

A golden anniversary

Dinosaur State Park celebrates 50 years with numerous special events

by Mark Jahne
Editor

A close look at the 200 million-year-old dinosaur tracks.

People have been coming to look at the tracks at Dinosaur State Park and Arboretum for the past 50 years. Of course, those tracks sat buried under layers of rock for 200 million years, so from their perspective, 50 is not all that exciting.

But it is a big deal to those who found them, preserved them and proudly show them off each day. That's why this golden anniversary is being treated as a special opportunity to celebrate Connecticut's most unusual park.

The parcel on West Street is considered to be one of the best places to view dinosaur tracks in North America. They were accidentally unearthed during excavation for construction of a new state building in 1966. A bulldozer operator named Edward McCarthy spotted the tracks and called a halt to the proceedings.

The park opened two years later with 500 of an estimated 2,000 tracks on display. The remainder are buried to protect them from the weather and other potentially damaging elements.

It is believed that the tracks were left behind by a species called Dilophosaurus in the early Jurassic period, related to Eubrontes, the official state fossil. This creature was believed to be 18 to 20 feet long.

A geodesic dome covers the exhibit center and there is more to see outdoors. Various types of gardens and trees are grouped around the property to create an arboretum. There is a casting area where visitors can make casts of dinosaur footprints.

More than two miles of nature trails beckon to those who would like to enjoy a walk in the woods. There's a butterfly garden and a sluice where visitors can practice mining skills and take home what they find.

Picnic areas, as well as a covered pavilion, await those who want to bring along a meal. Food and beverages, with the exception of water, are not allowed inside the exhibit center.

Photos by Mark Jahne

The dinosaur tracks are protected under this geodesic dome.

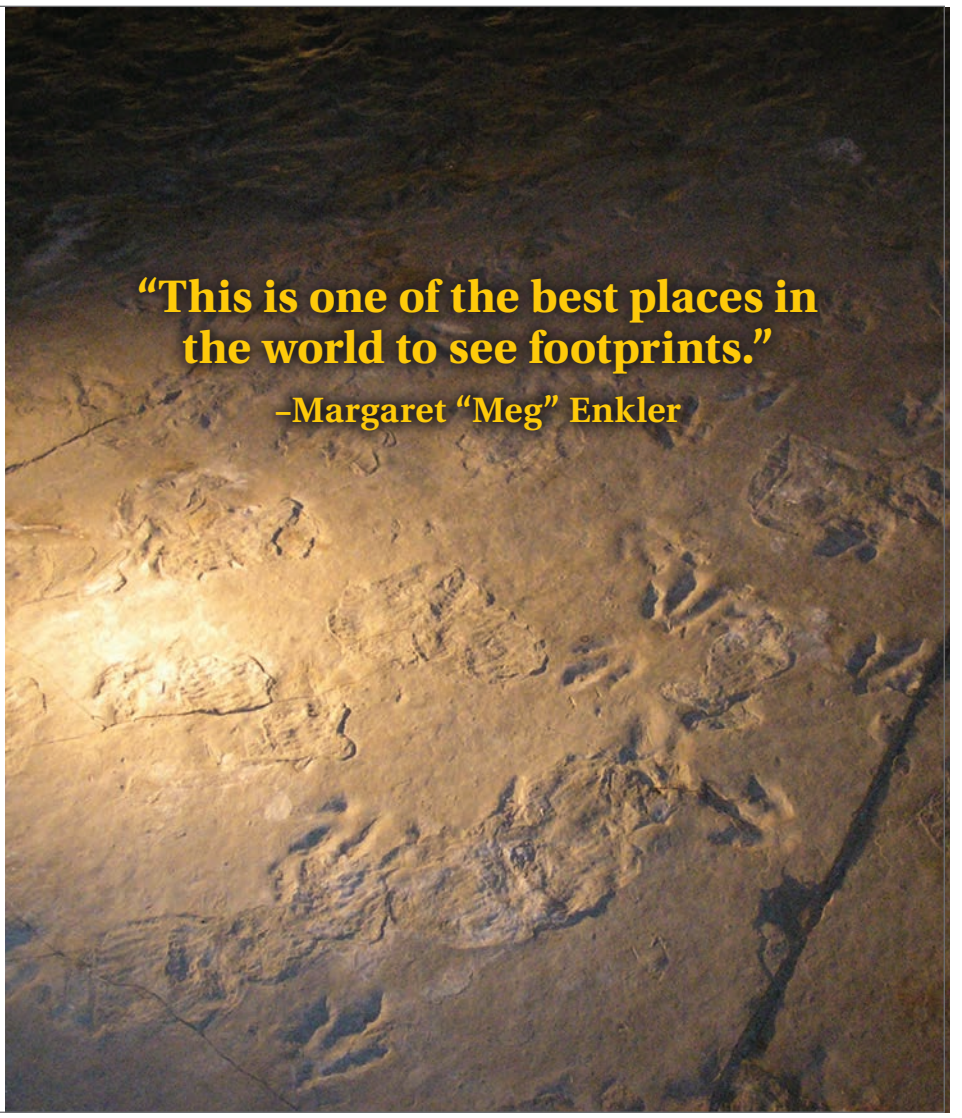
The park also offers visitors an arboretum and nature trails.

Park Director Margaret Enkler stands in front of an exhibit on the species Dilophosaurus.

"This is one of the best places in the world to see footprints," Park Director Margaret "Meg" Enkler said.

She has welcomed visitors not just from all over America, but all over the world. She explained that the excavation to create the park took two years after the tracks were first uncovered and that the initial covering was a simple bubble that lacked temperature controls.

"The dome was built about



The Dental Center, LLC

Our family-centered private practice is welcoming new and existing adult and pediatric patients to our newly renovated, state-of-the-art, dental practice!

David P. Bell, D.M.D.

Barbara Honor, D.M.D.

Brian D. Bell, D.M.D.

www.TheDentalCenterLLC.com

Emergency Patients Welcome

2304 Berlin Turnpike, Newington **860-666-1000**

42 Wintonbury Mall, Bloomfield **860-242-1230**

Celebrate dad.

Memories created with your father last a lifetime. Let's celebrate dad this Father's Day and let him know just how special he is.

277 Folly Brook Blvd. | Wethersfield
(860) 563-6117

30 Carter St. | East Hartford
(860)568-9420
www.desopo.com

D'ESOPO
FUNERAL CHAPEL
"Nationally Recognized for Excellence"

Photos by Mark Jahne

John Fracasso of Hartford staffs the park's book shop.

This sluice is used for hands-on education.

40 years ago," Enkler said.

None of the outside amenities existed when the park opened, including many of the trees and plants. The arboretum was designed to reflect the story of evolution. Many visitors enjoy the track casting area.

"That's a unique aspect of the park," she said. "What makes this place unique is that you have an outdoor-indoor experience."

Dinosaur State Park draws between 45,000 and 50,000 visitors annually. This year's numbers were strong as of early May.

"We've had a busy year already. We do programming throughout the day," Enkler said.

There is a theater where groups can gather for classes or films. The discovery room features an interactive geologic map and activities for all ages. An outside pavilion and flower gardens are popular spots in good weather.

"In June, we're having two garden hikes," she said.

Admission will be free June 11 as the park participates in the statewide Connecticut Open House Day. Visitors will be invited to

Maria Santos, M.D.
Cardiology

Saint Francis Welcomes Maria Santos, M.D.

Dr. Santos, a specialist in cardiology, has joined the medical staff at Saint Francis Hospital and Medical Center.

Dr. Santos received her medical degree from University of the Philippines Manila College of Medicine and completed her residency in internal medicine at the University of Connecticut Health Center. She went on to fellowship training in cardiology, also at UConn Health Center.

A member of Cottage Grove Cardiology, Dr. Santos is board certified in internal medicine, general cardiology, adult echocardiography, nuclear cardiology and vascular interpretation.

You can learn more about Dr. Santos, or any of the more than 700 accomplished physicians on our medical staff, by visiting stfranciscare.com or calling 1-877-STFRANCIS (1-877-783-7262).

SAINT FRANCIS
Hospital and Medical Center

READ **LIFE**
ONLINE AT **www.TurleyCT.com**

Rocky Hill Parks & Recreation Presents

2016 Summer Concerts

FREE!

Food will be available for purchase

6:30-8:30pm
Veterans Memorial Amphitheater

Band	Date/Raindate
Nathan Ward Band (50's, 60's, 70's rock)	Thursday, June 30 (Tuesday, July 5)
Jus Us (Motown & Soul)	Thursday, July 7 (Tuesday, July 12)
Larry Stevens (Pop rock with a twist of country)	Thursday, July 14 (Tuesday, July 19)
7 Bridges Road (Eagles Tribute)	Thursday, July 21 (Tuesday, July 26)
Rave on (Roy Orbison & Buddy Holly tribute)	Thursday, July 28 (Tuesday, August 2)
Amish Outlaws (Top 40)	Wednesday, August 3 (Tuesday, August 9)

THANK YOU TO OUR SPONSORS:

Platinum: **Burris Logistic • Henkel Corporation** Gold: **McKesson**
Silver: **MDC • People's United Bank • Simoniz• Velocity Urgent Care**
Bronze: **Apple Rehab, Rocky Hill • Farmington Bank • Rare Reminder**
Rocky Hill Police Union • State Farm Insurance • TK & Brown's Flowers
Timber-Jack Tree Co. • Visual Perceptions, LLC • West Side Marketplace

For more information, please contact the Rocky Hill Parks & Recreation Department
(860) 258-2772
www.rockyhillct.gov/parkrec

This exhibit shows how dinosaur tracks may been either raised or sunken.

Courtesy photo

Mayor Claudia Baio, center, presents an official 50th anniversary town proclamation to Park Director Margaret Enkler, left, and Kathy Kennedy of Rocky Hill, president of the Friends of Dinosaur Park and Arboretum.

enter a contest to build a dinosaur out of LEGO bricks.

One day each month, for the remainder of the year, the park is holding a "First 50" day. The first 50 visitors will receive a special gift and each month's gift is different. The dates – all Saturdays – are June 18, July 16, Aug. 13, Sept. 17, Oct. 15, Nov. 19 and Dec. 17.

Numerous events and activities are also planned for this golden celebration. June is Garden Month. Authors will visit July 2 and 9. August is Discovery Month and Aug. 20-21 have been designated Dinosaur Park Days.

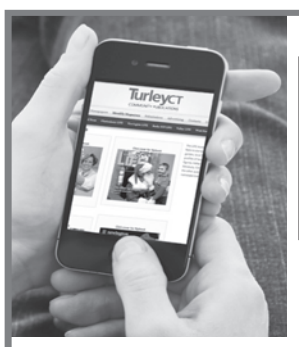
September is Senior Citizen Month, October is Academic Month. Paleontologist Bob Bakker will visit the park Nov. 19. The year-long party ends with Scouts Month in December.

"Our big event is Dinosaur State Park Days," Enkler said. "That's always our biggest day of the year."

There will be free admission

The McGovern Granite Company
Since 1903
Monuments
Markers
Lettering

Celebrating all Fathers on Father's Day
860-956-1960
432 Fairfield Avenue, Hartford (across from Cedar Hill Cemetery)
www.mcgoverngranite.com


READ
LIFE
ONLINE AT
www.TurleyCT.com
Turleyct
COMMUNITY PUBLICATIONS

Happy
Father's Day!
Whether you are near or
far, reach out to your father
today and let him know
how much you appreciate
what he's done for you.
DUKSA
FAMILY FUNERAL HOMES
Burritt Hill Funeral Home
332 Burritt Street
New Britain
(860) 229-9021
Newington Memorial Funeral Home
20 Bonair Avenue
Newington
(860) 666-0600
www.duksa.net
©adfinity

"People told us we were too young to move here, but we absolutely love it."

Carol Simpson, Resident

It's an exciting time at Seabury. Our brand new front entrance, lobby, bistro and other common spaces are now ready to be enjoyed. Additionally, construction will soon be underway on 68 new independent living residences.

If you'd like to learn more, information sessions are held at Seabury every 1st Thursday at 1:30 p.m. and every 3rd Wednesday at 10:30 a.m.

Call **(860) 243-6081** or **(860) 243-4033** for reservations or e-mail **info@seaburylife.org**

Seabury
An Active Life Plan Community

BEST OF Hartford MAGAZINE 2009 2010 2011 2012 2013 2014 2015 2016

200 SEABURY DRIVE | BLOOMFIELD, CT 06002-2650
(860) 286-0243 | (800) 340-4709
WWW.SEABURYLIFE.ORG | INFO@SEABURYLIFE.ORG

TurleyCT
COMMUNITY PUBLICATIONS

READ LIFE ONLINE AT www.TurleyCT.com

A look at the tracks from the raised walkway that surrounds them.

"What makes this place unique is that you have an outdoor-indoor experience."

–Margaret Enkler

Aug. 20-21 as well as live music, a craft tent, games, live animals and more. This is usually only one day but an entire weekend was dedicated this year because of the anniversary.

She said most of the events are being sponsored by the Friends of Dinosaur Park and Arboretum, including Dinosaur State Park Days. Kathy Kennedy of Rocky Hill is the Friends president, a position she has held since 2002. The group has approximately 100 members.

"I got involved in the park in 1985," she said.

"We have a manager, we have staff at the book shop. That is our main source of income, along with our membership dues," Kennedy said.

"We have supplied many of the exhibits at the park. We've donated over $500,000 to the park," she added.

They include the model of a Dilophosaurus and a mural painted on a curved wall. There's also the glass-encased Jurassic diorama.

"We published a park book. We worked very closely with the author," Kennedy said.

The park is open from 9 a.m. to 4:30 p.m. Tuesday through Sunday and closed on Mondays. The trails are open year round, weather permitting. Admission is $6 for teenagers and adults and $2 for ages 6-12, free for younger children and Charter Oak Pass holders. **RHL**

Dinosaur State Park is located at 400 West St. Call 860-529-5816, visit ct.gov/deep or see the Dinosaur State Park Friends page on Facebook.

LIFE *in the classroom*

Students make the best of a fishy situation

by Allie Rivera
Staff Writer

As a nearly year-long project, third grade students worked to raise trout from eggs through the fry stage to become adult trout that can be released into the wild.

For most of the academic year, students and teachers walking through the lobby of West Hill School found a school of a different type.

"Parents at our school donated a large fish tank," third grade teacher Ann Gombotz said. "Our principal said, 'what can we do with this that fits with the curriculum?'"

The Rotary Club of Wethersfield / Rocky Hill

is proud to announce the Rocky Hill High School Students . . .

2016

Helping Hand Fund

SCHOLARSHIP WINNERS

Kyle Devine
Lindsay Varney

Brook Wealth Management, LLC
Your Bridge to Financial Success

DREAMS DON'T RETIRE

We encourage you to enjoy the wealth you've worked so hard to build while helping to preserve it at the same time. After all, true wealth is not about money; it's about the experiences we share with those we love.

UPCOMING EVENTS IN OUR OFFICE

Protect and Grow Workshop
June 23rd • 6:00pm-7:30pm
- Potential Investment Mistakes to Avoid
- Methods to Help Protect Your Assets
- Building a Portfolio Designed to Suit Your Lifestyle

Learn How You Can Protect Yourself From Identity Theft
July 26th • 6:00pm-7:30pm
- What are the different types identity theft
- Methods that may mitigate your chances of having your identity stolen
- Some steps to take if your identity is stolen

Registration
https://www.facebook.com/brookwealthmanagement/events
Seating is limited. Register today!

1090 Elm Street, Suite 102, Rocky Hill
Telephone: 860 257-8688 Fax: 860 257-8690 www.brookwealth.com

Private Wealth Management For Select Individuals
Securities offered through LPL Financial, Member FINRA/SIPC

READ LIFE ONLINE AT www.TurleyCT.com

Under the supervision of Carl Swanson, Trout in the Classroom coordinator, students released more than 100 trout into the stream at Peoples State Forest in Barkhamsted.

Photos courtesy of Scott Nozik

Carl Swanson of Farmington Valley Trout Unlimited serves as the Trout in the Classroom coordinator. He visited West Hill several times throughout the year to help teachers and students maintain their fish tank.

The tank's installation at the beginning of the academic year led to West Hill's partnership with Trout in the Classroom, a program that takes place in states across the country and allows students to raise fish that will be released into the wild.

"It's been happening in other classrooms in Connecticut and it was brought to our attention that it might be a good thing for us to do," third grade teacher Mike Melino said.

Once the empty tank was placed in the lobby, the school reached out to Trout in the Classroom to learn more about the program. Third grade is the year when students study animal habitats so it was decided that this grade would take charge of the year-long project.

The goals of Trout in the Classroom have many layers. By giving students the responsibility of raising these fish, it teaches them lessons on responsibility and caring for other creatures in addition to learning about habitats, water quality and the life cycle.

"Immediately, I thought that this is a nice opportunity for kids to have this hands-on learning experience," Melino said.

Trout in the Classroom supplied West Hill with 200 eggs at the end of October as well as guided lesson plans for teachers and instructions on how to care for the fish.

"They quickly became an extension of our classroom," Gombotz said.

Taking care of these fish required far more work than the third grade teachers initially thought and included daily monitoring of water quality to ensure the fish could survive.

"It needed to be dark," Melino explained. "There needed to be Styrofoam around the tank to keep the light out."

Dealing with the fact that not all of the trout would survive the year and how to broach that subject with students was an added challenge.

"They had said from the beginning

Growing older together shouldn't mean living apart.

You want to keep your lifestyle as a couple. Nothing should ever change that, even if one of you needs help. At The Heights senior living community, you can both live independently in a charming cottage or in a beautiful one- or two-bedroom apartment.

Or, should one of you need a little help, you can choose one of our assisted living apartments with a Personal Care Attendant on duty 24/7 for a range of services.

Join us for an Open House and Luncheon:
Sat., June 11th and Wed., June 22nd.
Event starts at 10:45 a.m.

550 Avery Heights • Hartford, CT 06106

EQUAL HOUSING OPPORTUNITY

Act now and enjoy these added values:

Free!
First month's rent!

Up to $1,000
toward a moving specialist

Free Golf for Life!
Ask for details

For more information call:

860-953-1201 ext 403

The Heights
Avery Heights • A Village of CHI

GILBERT FARM LLC
Memorial Logs
Geraniums • Hanging Baskets • Herbs
Vegetable & Flower Plants
Patio & Custom Planters • Native Honey
All Grown Here in Our Own Greenhouses
730 Elm Street ▪ Rocky Hill
Corner of Gilbert Ave & Elm Street
860.571.0373
Open Daily 9AM - 6PM
LIKE US ON facebook
Rt 3 Rt 160 Gilbert Farm Rt 99

Photo courtesy of Scott Nozik

Third grade students at West Hill School spent most of the academic year learning about and caring for a tank full of trout that will eventually be released back into the wild.

that the mortality rate could be high," Melino said. "We had to temper the children. We were experiencing it all with the students."

"We were cognizant of not letting them see the fish that didn't make it, but we still want them to learn about it because that's part of it," Gombotz added.

In addition to Gombotz and Melino, third grade teachers Jessica Gagne, Taylor Dean and Lynn Marinelli and their classes participated in the program. Classes rotated the weeks that they took care of the tank unless there was what Gombotz called a "crisis," bringing all five of the teachers together to resolve it.

"Monitoring the water quality was really challenging," she said. "It was teaching students how delicate that balance is. We really tried to recreate that natural habitat."

The third-graders had a large hand in helping to maintain the fish. Each day, the children were tasked with monitoring the trout and keeping records of their growth and progress. Students also learned how to help maintain proper water quality for the fish to survive and learned first hand what could happen if that quality was not preserved.

"The hardest part was when the fish were starting to die at a more frequent rate because of the ammonia," 9-year-old Aritra Banerjee said. "It was really tense because we thought they were going to die."

Despite seeing a decrease from the original 200 eggs provided, Gombotz said the classes were successful overall in maintaining the fish.

"We were told that we had one of the best programs in the state," she said.

After spending the year observing and maintaining the fish and the water, the students took a field trip during the last week of April to Peoples State Forest in Barkhamsted to release the more than 100 remaining fish back into their natural habitat. For those who spent most of the school year observing the fish daily, it was a bittersweet moment.

"It was sort of sad and happy," Aarav Mehta, 9, said. "It's nice that they're going in the water, but it was sad because they're not there for us to watch them anymore."

The third grade teachers said this project would not have been possible without the support and assistance from Nozik, Assistant Principal Louise Adamow and all of the school's custodians, who helped daily.

Despite all of the extra time and effort that went into maintaining the trout, Gombotz and Melino both said that they thought it was worth it for the educational benefits that their students received.

"By far the best part of this was just the range of learning and the depth of learning for the students," Gombotz said. "It was amazing to see the excitement in them."

With such success in its first year at West Hill, the teachers would be happy to run the program again for next year's third-graders. They believe they can do so because they have the full support of everyone else in the school.

"It takes a village to raise a school of fish," Gombotz said with a laugh. RHL

AAA SILAS DEANE AUTO
REPAIR | ALIGNMENT | SALES
WINNER BEST OF ROCKY HILL 2016
Standard Oil Change
Chevron $10 OFF From 19.99 Plus Disposal & Tax
✓Up To 5 Quarts w/Standard Filter
✓Some Vehicles Additional
✓Disposal Additional
5w20 or 5w30 Life
Synthetic Oil Change
NAPA $15 OFF From 35.99 Plus Disposal & Tax
✓Up To 5 Quarts w/Gold Filter
✓Some Vehicles Additional
✓Disposal Additional
Life
Mobil 1 From 49.99 Plus Disposal & Tax
Premium Brake Job
Save Up To $100.00
✓ $40 OFF Front Brake Pads/Rotors
✓ $40 OFF Rear Brake Pads/Rotors
✓ $20 OFF Brake Fluid Flush w/Brake Job
Life
Great Tire Prices
Save Up To 35%
✓ All Makes Included
✓ Call For a Quote
✓ Contact Us for Details
Wheel Alignment
$69.99
✓ Modified Suspension More
✓ Center Steering Wheel
✓ Prevent Tire Wear
HUNTER Engineering Company Life
Quality Pre-Owned Vehicles
CLEAN CARFAX
2013 Subaru Impreza
2012 Ford Transit
2009 VW Jetta SE
2010 Mercedes GLK350
860-436-6211
1801 Silas Deane Highway
Rocky Hill, CT 06067
Weekdays 7-6 - Sat 7-2
SilasDeaneAuto.com
/SilasDeaneAuto

He loves to run

Mena Shehata plans to race through all 169 Connecticut municipalities

by Mark Jahne
Editor

Some people drive up Mount Washington in New Hampshire. Mena Shehata ran to the top.

Courtesy photos

Mena Shehata is happiest when he's running. It doesn't much matter where, as long as he can enjoy the great outdoors while competing and enjoying the benefits of exercise.

The Rocky Hill resident was the driving force behind the first Cora J. Belden Library 5K walk/race held April 9. He hopes it will become an annual event.

The Egyptian immigrant is employed as a transportation engineer at the state Department of Transportation. He studied electrical engineering in college. His division is responsible for traffic signals all over the state.

"I moved to the United States in June 2008," he said.

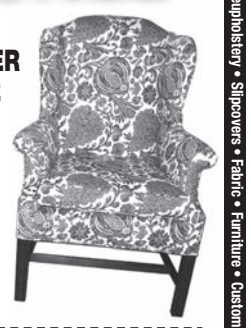
His first stop was New York City. In order to enter the country legally, he had to participate in a lottery. He was 23 years old.

Reupholstery • Slipcovers • Fabric • Furniture • Custom Window Treatments • Wallpaper • Flooring

SPRING SALE

REUPHOLSTER a SOFA or 2 CHAIRS for $529*

*Plus the cost of our fabric



10% OFF ALL FABRICS
*Previous orders do not apply. Must present coupon at time of order.

Old Lyme 860-434-4242 | Hartford 860-244-3475 | Toll Free 877-688-3475

Family owned & operated showroom & workroom since 1929
EHRLICH DECORATING & UPHOLSTERY LLC
*Previous orders do not apply. Only applies with purchase of our fabric.
Showroom & Workroom 3324 Main Street, Hartford, CT
www.ehrlichdecorating.com
Not Affiliated With Ehrlich Interiors in Farmington

Medi-Weightloss®
Wethersfield

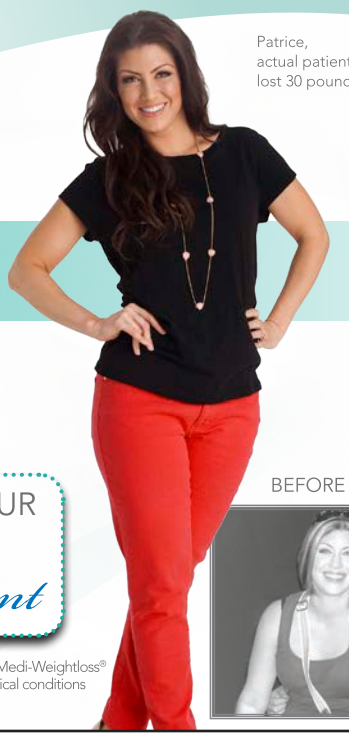
NOW OFFERS IN-NETWORK PROVIDERS WITH* Anthem BlueCross BlueShield*

Lose up to 10 POUNDS the first week!†

MEDI WEIGHTLOSS The one that works!®

Rochelle Collins, D.O.
1283 Silas Deane Hwy.
Wethersfield, CT 06109
860.249.8659

CALL FOR YOUR FREE Assessment



Patrice, actual patient, lost 30 pounds!†

BEFORE

*Not all products and/or services may be covered. Contact your carrier for details. † On average, patients compliant with the Medi-Weightloss® Program lose 6.4 pounds the first week and 14 pounds the first month. Rapid weight loss may be associated with certain medical conditions and should only be considered by those who are medically appropriate. © 2016 Medi IP, LLC. All Rights Reserved.

Courtesy photo

Mena Shehata braves snow and cold temperatures at the Colchester Half Marathon.

"I applied for it and I was very, very lucky," he said.

He grew up near Cairo and his family remains in Egypt but his sense of wanderlust motivates him to explore the world. Shehata, 30 and single, loves to visit different countries and try new things.

"I always look for new opportunities," he said.

A Coptic Christian, he has full command of both Arabic and English.

"English is our second language in Egypt," he said.

Coming to America meant adapting to a completely different culture. He couldn't work as an engineer right away, so he made a living doing restaurant work, including deliveries.

"Running really brought me out of my comfort zone."

–Mena Shehata

"I started from scratch. I was lucky to find friends," Shehata said.

He earned a master's degree in electrical engineering from City College of New York in 2012 and applied for jobs all over the United States. The DOT hired him and he moved to Rocky Hill because of its proximity to his Newington office.

"I was glad to move to Connecticut," he said.

It represented yet another new adventure and was close enough to New York to maintain his friendships there. He played soccer as a youth and only took up running a few years ago.

But that was only after beginning with a regimen of walking, followed by jogging. He walked in the first 5K held to raise money for the 9/11 Memorial in New York.

By May of 2014 he was ready to run competitively and registered for the Cromwell Blum Shapiro 5K. He quickly discovered a camaraderie among the participants and realized that running had changed his life.

"Runners support each other. I was very, very happy to start running," he said. "Running really brought me out of my comfort zone. I was on the couch all the time" before that.

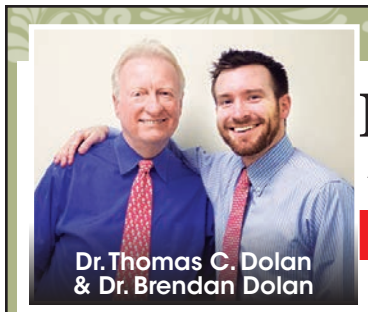
Shehata joined the Run 169 Towns Society two years ago. Its members are dedicated to running in every city and town in Connecticut. The majority of municipalities now have one or more annual running events.

"So far, I have run in 106 towns," he said. "It's about going out and enjoying Connecticut. Connecticut is really beautiful."

This also allowed him to increase his network of friends. Several of them came to support him and the new Rocky Hill race, as did some of his co-workers.

"We had 50-plus runners from the 169 Society," he said proudly.

He was anxious to create a race in town and selected the library and its Friends organization as the beneficiary. Director Mary Hogan is pleased that he chose Cora J. Belden.


Dr. Thomas C. Dolan & Dr. Brendan Dolan

DOLAN DENTAL
Advanced Cosmetic & General Dentistry

Accepting New Patients!

860.529.2000

DENTAL IMPLANTS
Placement & Restoration From Start to Finish

Invisalign • Zoom Tooth Whitening
Root Canal Therapy • Esthetic Veneers

1160 Silas Deane Highway • Suite 305 • Wethersfield *dolandental.com*

Back, Neck Shoulder or Joint Pain

Visit us for any pain that affects your daily activities: work, sleep, sports, recreational hobbies, walking, balance and falls.

Apex Physical Therapy
New, Spacious State-of-the-Art Center
Same Day Appointments
Most Insurance Accepted M-F 8am-7pm

Anand Bishnoi
DPT, MS, PGDR, PGDB

Highly qualified, very skilled Physical Therapist.
Over 35 years of Experience.
Specializing in Orthopedic - Sports - Geriatrics - Manual Physical Therapy

825 Cromwell Ave., Rocky Hill **860-257-3779**

Call for an appointment or a FREE Consultation

Courtesy photo

Shehata is a member of the Run 169 Towns Society, dedicated to running in every city and town in Connecticut. A sizeable contingent showed up to support the first race.

"He's very inspirational. At first, we didn't know if he could pull it together," she said.

"He is a very, very organized person. He kept us all on task. He pulled the best advice and brought it to Rocky Hill," Hogan added.

Shehata, in turn, thanks her and the various town departments for their support.

"I really owe Mary a lot," he said. "She encouraged the idea. She really had an open mind."

The plan was to make the inaugural event a break-even proposition. It ended up raising $3,000. Next year's goal is $10,000.

They had to work fast because it was only 50 days from the time town government approved the race to the date of the event. It was a bit of a scramble but T-shirts, business sponsors and a timing company were all secured in time to make the day a success.

He doesn't consider himself a marathon runner but he has competed in four thus far in New York City, Roxbury, West Haven and Walt Disney World in Florida.

"I signed up for the 20th Annual Air Force Marathon in Ohio," Shehata said. "I did the Manchester [Thanksgiving] Road Race last year."

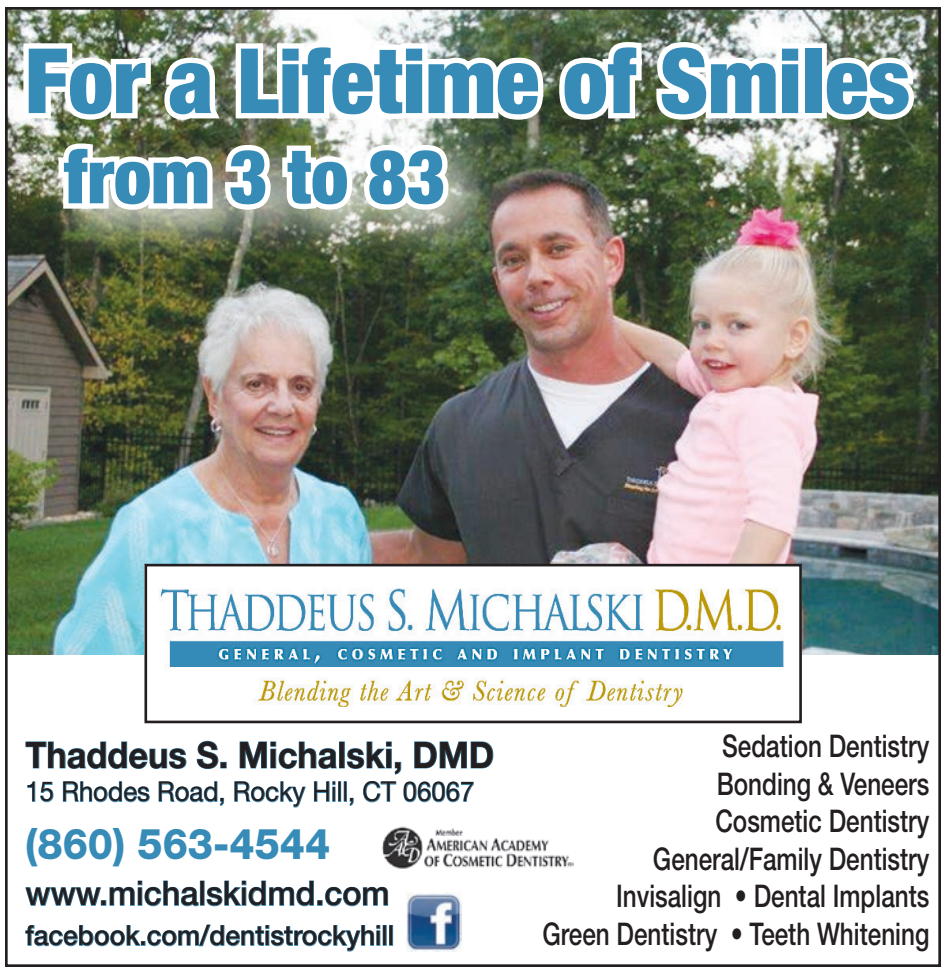
He also assisted with the Hartford Marathon. Some people drive their cars up Mount Washington in New Hampshire – he ran up the mountain. That's a distance of 7.6 miles, all at a steep incline.

"I'm very proud of myself that I did this one," he said,

His luck with the immigration lottery continues. Every race requiring a lottery for entry has approved his application.

Shehata said his ultimate goal is to run a marathon along the Great Wall of China. He also wants to tackle the challenge of an ultramarathon, a distance of 50 miles. The traditional marathon is 26.2 miles.

He plans to run marathons in Egypt when he goes back to visit his family. **RHL**



BODY SHAPING DAY
JUNE 6, 2016
Get your body bikini ready!
FREE body shaping consultation with Dr. O'Brien
Special Pricing* One Day ONLY
SUMMER BEAUTY
JUNE 8, 2016 2-6 P.M.
Botox $12/unit* (minimum 40 units)
Juvederm $400/syringe* (minimum 4 syringes)
Special Pricing* One Day ONLY
Call 860-436-9946 today
to schedule your appointments
MILLENNIUM
Med Cosmetics
Maria O'Brien, M.D. • www.mmclaser.com
2139 Silas Deane Highway, Rocky Hill
*May not be applied retroactively or combined with other offers. IMS/BBU void. Juvederm offer excludes Voluma. Other restrictions apply.

From the mayor's desk

Visitors come to town, council passes budget

by Claudia Baio
Mayor

This past month, Rocky Hill had the pleasure of welcoming some group events to our town. The Connecticut State Missionary Baptist Convention held its 112th annual session and 41st annual banquet in Rocky Hill. Members from around the state came together to visit for purposes of their convention and celebration.

Also, the Connecticut Fire Police Association held its annual state meeting in Rocky Hill this month, which was hosted by Rocky Hill's finest fire police.

I wish you all a very happy Memorial Day and hope that you have an opportunity to experience this year's traditional parade. A special thanks to our fire department for accomplishing the annual task of raising the flags for the parade route and to our Parks and Recreation Department and chamber of commerce for coordinating this lovely annual event.

On Monday, May 16, the Town Council adopted its budget for the fiscal year 2016-2017. In last month's column I addressed the budget process.

Although we had hoped it would not be the case, we found ourselves having to finalize the budget on the last day permitted under our town charter, but it was not for want of effort. This year, as noted last month, presented some significant and unique challenges.

The council had to deal with a number of difficult issues and balance the needs of the various departments to serve all of our citizens, whether parents students, seniors, somewhere in between, and the interests of the town as a whole.

Of course, one of our significant priorities was the needs of our Board of Education. As many of you are aware, Rocky Hill is one of 16

Claudia Baio

municipalities that are actually facing an increase in school enrollment. This created the need for additional portable classrooms. We wanted to make sure that we supported our Board of Education with this priority.

Fortunately, the actual bill that came in for the portable classrooms was lower than the estimate in the proposed numbers for capital improvements. In fact, one of the other agenda items from the same meeting at which we approved our budget was to approve the acceptance of the bid for the portable classrooms so that our Board of Education can move forward with those.

The budget process was long and difficult, but necessary, and it is our sincere hope that those who observed gained an understanding of how decisions were reached as we endeavored to balance the many needs and keep our taxes reasonable.

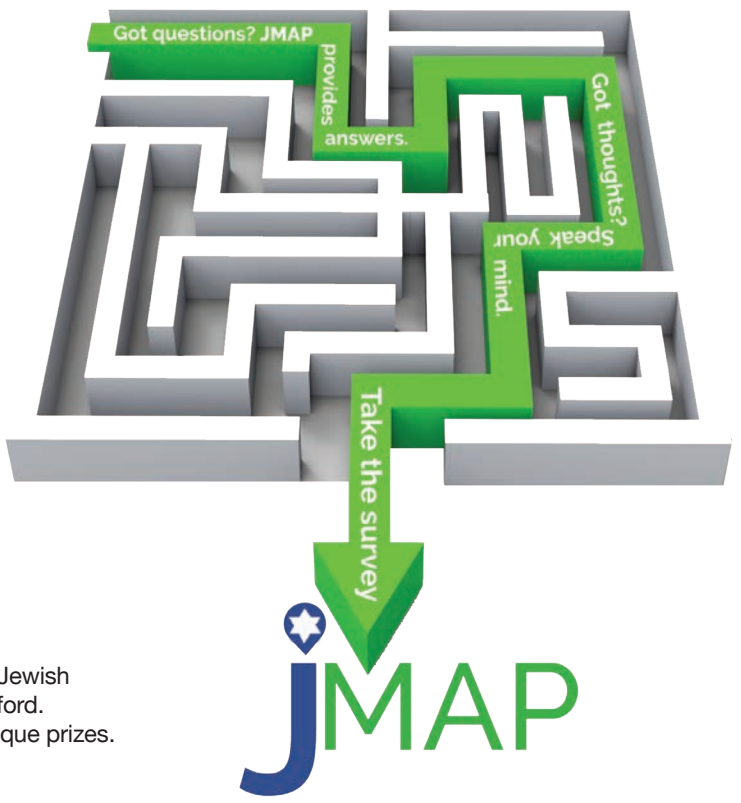
At the end of the day, we have maintained service levels, funded some significant needs and our mill rate remains the lowest of all the neighboring towns. I thank all of you who reached out with input by way of either attending meetings or otherwise communicating with us. **RHL**

Do You Identify As Jewish?
Part Of A Jewish Household? Working With A Jewish Organization?

Your VOICE matters.

TAKE THE SURVEY TODAY AT:
JMAPCT.ORG

All Are Encouraged To Participate!



ONLINE SURVEY OPEN
JUNE 6-30

Conducted by professional researchers. Co-sponsored by the Jewish Community Foundation and Jewish Federation of Greater Hartford. Anonymous and confidential. Completed entries eligible for unique prizes.

Summer Life

SPECIAL SECTION OF

TurleyCT Community Publications

TurleyCT.com | June 2016

Getting your GOLF ON

Tips on making the most of the season

by Nancy Thompson and Alicia B. Smith
Staff Writers

There's nothing like the green of summer, unless it's the "greens" of summer on area golf courses.

Once considered to be a game for the elite, golf's appeal has expanded to youths, seniors and players who don't get out often.

Professionals at courses in the area are always looking to attract new golfers and to help their players enhance their skills and add to their enjoyment of the game.

In Glastonbury, Jim Tennant, the PGA professional at Minnechaug Golf Course, is working to encourage golfers of all ages and ability levels to enjoy the game at the nine-hole course. He understands what the course is and what it isn't, and has helped make the par-35 Minnechaug course a place where people who are learning to play, women and older golfers feel welcome and respected.

Dan Butler, director of golf at Tower Ridge Country Club in Simsbury, suggests golfers look over their equipment to ensure they have what is needed and update outdated equipment. "Technology is changing the game," Butler said.

Once out on the course, Butler suggested that golfers find a place where they feel comfortable. "Play the right set of tees," he said. "Don't go all the way back in the tee boxes."

As tempting as it is to head to the local course, Ryan Kane, manager at Rolling Greens Golf Club in Rocky Hill, suggested that every player, regardless of skill level, take some time at a driving range.

"You want to stay positive when playing golf," Kane said. "It's definitely better to shake the cobwebs off and practice a little bit."

New to the game?

Our experts encourage brand-new golfers to take lessons. "It could be a group lesson or a private lesson, but it doesn't have to be one-on-one," Tennant said. "New golfers need to learn enough fundamentals to enjoy themselves out there." He often suggests that beginners play later in the day, even at twilight, when the course is less crowded and they will be less stressed. "Don't come Saturday morning," he said.

Rich Crowe, golf pro at Rockledge Golf Club in West Hartford, agreed. "For somebody getting into the sport, taking lessons early on would be something I would encourage them to do," he said.

Butler agreed, suggesting that lessons from a professional would serve a new golfer well.

Golf equipment doesn't need to be a budget-buster.

"You don't have to spend an outrageous amount of money," Butler said. "I don't think anyone personally should spend full retail on golf equipment. It's outrageous, the cost. There are plenty of places who sell used or new equipment at a discounted price."

Kane suggested that once new golfers have a feel for how to hit the ball, they can try an executive course, a par-3 shorter course, before trying their luck at a longer 18-hole. "Play with your friends so you can get the proper etiquette and pace of play," he said.

John Tatakis III is the manager at Connecticut Golf Academy, which has a driving range and practice space for putting and chipping and

Making the most of your green fees

Green fees vary by course and often by day and time. Here are some suggestions from the professionals for getting the most for your money.

Look for deals. Some courses offer season passes. Discounts are often available on the course's website.

Show up a half-hour early so you can practice a few putts. That way you won't spend the first few holes getting used to the game.

If you're open to playing any time, play on off-peak days and hours.

The Golf Now app, which Minnechaug Golf Course and many others in the area use, may offer discounts such as a reduced fee for nine holes with a cart or two rounds for the price of one.

other elements of the short game. He suggested that new golfers start at a driving range and sign up for lessons to learn the fundamentals.

Weekend warrior?

Weekend golfers should plan ahead and book a tee time in advance so they're not disappointed when they arrive or shut out of playing altogether. "Every course has a little different policy," Tennant said. "There's an app for Android and iPhone that lets people book tee times seven days in advance."

Kane also suggested booking tee times in advance. "If you are playing a course for the first time check out their website, look at the course layout so you know what you are up against, especially on a course where it is the first time you play," he said.

Crowe recommended finding time to practice parts of the game. This could be a half-hour at the Rockledge driving range or some time on its practice putting green or at West Hartford's 9-hole course, Buena Vista Golf Course.

"Buena Vista is a little more laid back," Crowe said. "A lot of beginners go out of there. It's a little bit shorter, easier to get around."

Practicing at home is an option as well, Butler said.

"You can find 10 to 15 minutes a day to hit some putts in the living room or swing in front of a mirror," he said. "You don't have to be playing golf to get better at playing golf."

Tatakis said a nine-hole or executive course would be good for golfers who won't have time to play as often as they'd like and also enable players to get a good handle on their game before they go on to an 18-hole course.

The regulars

Tennant said daily or almost-daily golfers tend to play the same course and know when the quiet times are. They also may have a relationship with the staff, which can be important. "The staff and the golfers get to really know each other," he said. "We will always bend over backward for that regular customer."

Keeping in shape is important.

Crowe often suggests that golfers work out in the winter, and focus on stretching, all of which will help when the season starts in the spring.

He said it's a good idea to come to the course about a half hour early before their tee time to have a chance to do some stretching, hit a few balls on the driving range and practice putting before teeing off for good.

"If you are playing on a daily basis, it's all about having fun," Butler said. "It's only a game. No matter what happens on a golf course, the course is going to stay there and you are the one who played bad. Remember, it's only a game and you can always come back to it."

Kane said regular golfers can look around for a golf league because playing with a group often provides motivation.

Tatakis likes variety. "I would suggest people try different types of

WETHERSFIELD
FARMERS' MARKET
Food Trucks • Local Organic Produce
Artisan Baked Goods • Jellies & Jams
Local Honey • Cheese • Milk • Cookies
Farm-Fresh Eggs • Local Meat
Flower Bouquets • Herbs • Live Music
Face Painting • Kid's Activities
THURSDAYS 3-6PM
NOW OPEN
220 Hartford Ave Wethersfield, CT
www.wfmarket.org
FARMINGTON BANK. CHEROMARK Hartford Courant. Nationwide Agribusiness Chef's

Camp KIDCO
Open Mon-Fri
6:30 AM - 6:00 PM
Put some sizzle in your kid's summer!
KIDCO has a schedule full of camp activities designed to challenge imaginations and foster new friendships. Campers age 5-12 can stay "cool" in our 8,000 square foot climate controlled facility designed just for kids their age!
Our team of camp counselors works for us all year - they're experienced, trained in first aid & CPR, and ready for some full-time fun in the sun! If you're looking for some creative fun this summer, count on Camp KIDCO!
THEME WEEKS:
Cooking • Swimming
Arts & Crafts • Indoor Gym
Field Trips
2175 Berlin Turnpike, Newington (860) 667-7191

Where we are

Rockledge Golf Club
289 South Main St., West Hartford
521-6284
golfrockledge.com

Tower Ridge Country Club
140 Nod Road, Simsbury
860-651-9393
towerridgecc.com

Rolling Greens Golf Club
600 Cold Spring Road, Rocky Hill
860-257-9775
ctrollinggreens.com

Minnechaug Golf Course
16 Fairway Crossing, Glastonbury
860-643-9914
Minnechauggolf.com

courses, different layouts rather than playing the same course over and over," he said.

Get 'em while they're young

Many young golfers are introduced to the sport through their parents or grandparents.

Crowe suggested letting young children hit balls on the driving range or watch golfers practice rather than starting lessons too soon.

"It needs to be fun for them," he said, adding that West Hartford offers a number of learning opportunities for youngsters to learn the sport, including summer programs.

Tatakis believes children who have expressed an interest in learning the sport would benefit from a group lesson. "That definitely helps their experience," he said.

Once a child has expressed interest in the sport, parents should invest in a set of junior clubs, a better option then cutting down a set of clubs that once belonged to an adult. "It's going to be easier for the child to strike the ball and get the ball in the air," Crowe said.

Butler has seen children as young as 3 get started in the game, but warned that parents should not press their children to take up the sport.

If children take a serious interest in the game, then parents can consider purchasing a junior set of clubs. "Kids having their own set of clubs, that is the right fit, is only going to benefit them," he said.

"My father put a golf club in my hand, I think I was 3 years old," Kane said, adding that it is not uncommon to start children in the sport at such a young age.

The younger they are, Kane said, the better opportunity they will have to develop their own natural swing.

"You can play golf your entire life, at every level, at every age," he said.

Tennant said young golfers also like to know when the quiet times are. "If they don't, they might want to check with the staff to find out when the best time for them to play would be," he said, adding that, while public courses are less expensive than private facilities, that doesn't mean they're easier. "It's best to ask," he said, adding that Minnechaug is considered to be user-friendly. "Some can be really intimidating." **RHL**

Equipment

We've all seen the pros on television with their color-coordinated outfits, bags full of clubs and top-notch balls. What do the rest of us really need to bring? Here are some tips from area professionals.

For beginners and youths, the fewer clubs, the better. New golfers need a few irons, a putter, a wedge, a 3- or 5-wood for the tee, and possibly a hybrid club to get them out of trouble.

More serious players will want to add clubs but should check with their course pro who has watched them play and might have suggestions about club length or additional clubs.

For most players, sneakers are fine. Comfort should be the most important consideration.

The average golfer will not notice the difference between top-of-the-line balls and everything else, so try the value packs.

Wear a hat and use sunscreen. Consider clothing that protects skin from the harmful effects of ultraviolet rays.

Bring water. Some courses provide water, but bring your own just in case.

THE CONNECTICUT TROLLEY MUSEUM
Return to yesteryear!

A quality day-trip destination awaits you.
$1.00 OFF ADULTS/SENIORS
50¢ OFF KIDS
With this ad. Expires 8/15/16
58 NORTH RD. EAST WINDSOR
Find Us At WWW.CT-TROLLEY.ORG

Join Us This Summer! Creativity Has No Limits!
• Age Appropriate Programs for Ages 6 Weeks to 9 Years
• Nursery School with Certified Teacher
• Child and Parent Consultations
• Before & After School Programs with Transportation Provided
• State Licensed Staff
• Open Door Policy
• CT ELDS
After the Stork comes the... Stork Club inc.
EXCELLENCE IN CHILD CARE AND PRESCHOOL DEVELOPMENT
CHILD•CARE & DEVELOPMENT CENTERS
MONDAY TO FRIDAY 6:30 AM-6:00 PM
6 LOCATIONS
MERIDEN (203) 235-8461 186 Pomeroy Ave., (E. Main St. Exit Off I-91)
CHESHIRE (203) 272-1637 1311 Highland Avenue (Rt. 10)
SOUTHINGTON (860) 276-1031 1348 West St. (Exit 31 Off I-84)
ORANGE (203) 881-0599 801 Baldwin Rd., (At Derby Ave./Rt. 34)
ROCKY HILL (860) 563-9096 558 Cromwell Ave., (Rt. 3 Exit 23 Off I-91)
GLASTONBURY (860) 659-3002 586 New London Tnpk (At Rt. 17 Overpass)

Backyard FARMING

Tips for turning a home into a homestead

by Lynn Woike
LIFE Staff

As more people take an interest in where their food is produced and by whom, and as the do-it-yourself trend continues, homeowners are beginning to realize it doesn't get any more local than their own backyards and that the farm-to-chef table concept can involve your own kitchen.

Most homes have space for a garden and a compost bin. Fruit trees and bushes can be planted in place of ornamental varieties. There might even be room for a couple of chickens and even a goat.

"I think there's a lot of things that I do on a farm that will downscale well for people who are interested in becoming backyard homesteaders," said Jenn Djambazov, the farmer at the 77-acre Community Farm of Simsbury. Crops are primarily grown for Simsbury's food pantry and other area food access programs.

The major consideration, she said, was to be realistic about the amount of time available to take on additional chores.

"Gardening is pretty hard work; don't set yourself up to fail. Think what you want to get out of it," she said, noting that a 10-foot by 20-foot garden "is going to take a couple of hours a week" not counting the additional time needed at the beginning and end of the season.

"It's a lot easier to say, 'Awesome,' and do more next year than become overwhelmed your first year and never do this again," Djambazov said.

She has a friend who loves to can, so she grows crops such as beets and green beans that she preserves for the rest of the year.

"Others just want to go out at the end of the day and cut a salad to eat. Some want to have chickens and learn to keep bees. Some just want their kids to go outside and get dirty," Djambazov said.

ERRACE
Everyone Ride / Run Against Cancer Everyday

Hartford HealthCare Cancer Institute at Hartford Hospital

BENEFITING LIVESTRONG FOUNDATION

Everyone Ride/Run Against Cancer Everyday

Saturday July 16th, 2016

At the Helen & Harry Gray Cancer Center
80 Fisher Drive, Avon

Challenge Yourself to:
Road Ride (100, 50 or 25 miles)
Technical Mt. Bike (20 miles)
Run/Walk (5k)

Check out the website for more details
www.ERRACE.org

Proudly sponsored by

D.S.O. Manufacturing Co. · ConnectiCare · Orthopedic Associates of Hartford · Urgent Care · Integrated Anesthesia Associates · Jefferson Radiology Diagnostic & Interventional Specialists

FREE EVENTS AT THE RIVERFRONT

A SPORTING CHANCE FOR YOUTH DAY
JUNE 4 | 9:30 AM - 3 PM | RIVERSIDE PARK

RIVERFRONT SWING NIGHT
JUNE 4 | 6:30- 8:30 PM | GREAT RIVER PARK

SLEEPING BEAUTY
JUNE 18 | 4 - 7:30 PM | MORTENSEN RIVERFRONT PLAZA

HARTFORD LATINO FEST
JUNE 25 | 12 - 9 PM | MORTENSEN RIVERFRONT PLAZA

RIVERFEST
JULY 9 | 4 - 10 PM; FIREWORKS AT 9 PM
MORTENSEN RIVERFRONT PLAZA & GREAT RIVER PARK

LEARN MORE AT RIVERFRONT.ORG

Once you know what you want, you can plan accordingly.

"What you want to get out of it will tell you where you start," she said.

She recommends books, videos, articles and other materials by Elliot Coleman, whom she called "the modern New Englander's guru on backyard farming in a way that makes sense."

"He works small scale," she said, and keeps things simple. He urges homeowners to use all the space they have, offering thrifty ideas for building with repurposed materials.

Talking to local farmers is another valuable source of information.

"Stop at roadside stands and strike up a conversation," she suggested, also recommending attending presentations by local garden clubs.

Now is a good time to prepare a plot for planting next year, Djambazov said. First, she recommends paying attention to sun and shadow.

West Simsbury homesteader Jon Gooch agreed and recommended mapping out the sun and shade patterns of trees, structures and fences over the seasons to determine the area with the maximum hours of direct sunlight.

Together with his wife, Margaret, and their daughter, Lilia, they have kept a 45-square-foot garden for four years.

Photo courtesy of Jon Gooch

He said he has found the best method for gardening is raised beds that are 8-10 inches tall, 4 feet wide and as long as desired. The long side, he said, "should run along the east-west axis so that optimum sunshine falls for the longest period of the day during the growing season."

If the area is currently a lawn, placing layers of old carpet or cardboard down in late summer will effectively kill off underlying weeds and grass by next spring.

Construct a boundary using untreated lumber or concrete blocks, remove any carpet or cardboard, then fill the beds with a soil containing organic compost material, Gooch said.

"You'll always have a better garden if you start preparing the year before," Djambazov said, noting that it's the organic materials added to the soil that produce healthy crops.

"The nutrients come from what's in the ground," Djambazov said.

Animals can help transition a lawn into a garden.

Chickens, for instance, will eat all the grass, seeds and bugs while also fertilizing the soil.

Costing about $3 at local feed supply stores, chickens need shelter and water. In return, they'll keep ticks, mosquitoes, grubs and mice away, she said.

Haley Billipp, who is farming the same land in Newington that her ancestors worked for generations, raises chickens. Her 1 ½-year-old daughter likes to feed them.

Because most towns do not require agricultural zoning to keep chickens, it is a reasonable undertaking.

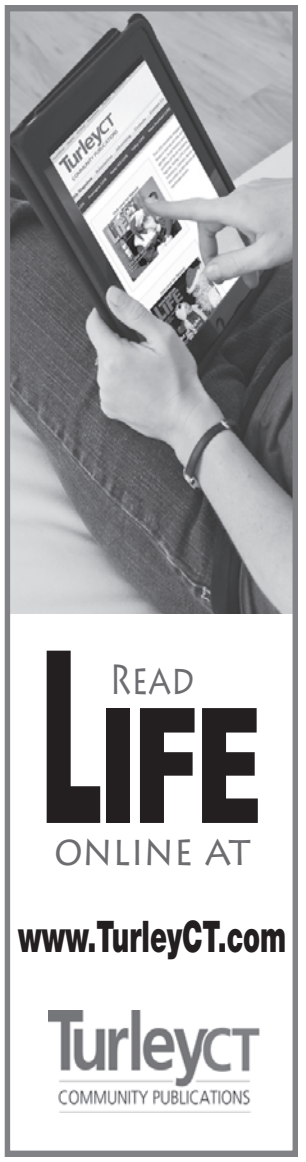
"It's doable," she said. "You can go on Craigslist and find chicks for sale, but also little coops and mobile chicken yards that people build and sell for $500 to $1,000."

Raising chickens requires effort, and Billipp guesses she spends as much on the feed as she would the expensive organic eggs she would otherwise buy, but said there is more to consider than finances.

"You know exactly what you're getting and they're a lot fresher, so they taste a lot better," she said.

Two added bonuses are the fact chickens are fun for children, and chickens eat table scraps and other organic waste that would otherwise end up in a compost pile or the waste stream.

SEE better. LOOK better.
• Over 1,000 Contemporary & Classic Frames for the Entire Family
• Discounts on Most Insurance
• Contacts & Eye Exams
• 15% Military Discount
• Senior Discount
• Gift Certificates Available
$40.00 OFF
Pair of Eyeglasses
Excludes Value Line. Some restrictions apply. Not valid on previous purchases. No other discounts, insurance or promotions apply.
the eyeglass place
Serving the Newington area since 1971 with unsurpassed knowledge and personalized individual attention
Angela Daigle
Licensed Optician/Owner
32 Years Experience
2311 Berlin Tpke., Newington,
860.667.0921 EyeglassPlace.net
Tues-Fri 10-6. Sat 10-2



When it comes to animals in the backyard, Gooch said that chances are the need will be to keep out wildlife such as chipmunks, squirrels, mice, deer and bear. He recommends a 6-foot-high mesh fence plus a foot high's worth of tiny-holed mesh vertically affixed at ground level.

Farming, however, does not require a garden plot. It could involve planting fruit trees such as pear and cherry.

"There's a lot of things you can put in your ground that are a longer-time investment, but once they start producing, they will be established for decades," Djambazov said, noting, "Connecticut has beautiful ground for blueberries."

Asparagus and rhubarb are two other perennial crops that, once established, will produce for decades.

Gardening can also be done in pots, and Djambazov has worked with senior centers and assisted living facilities to design raised beds so people in those communities can get their hands dirty.

While she composts in a huge pile turned with a tractor, small-scale composting bins can be built or purchased that will tuck into any landscape and turn garden refuse, leaves, grass clippings and food scraps into a nutrient-rich soil enhancer.

Efforts to homestead may be difficult at first, but with each season it will be easier.

"Experiment with it. You'll be able to see if what you're doing is working – either the plants grow or they don't."

Gooch said, "Preparation really is a huge part of the process, along with the realization that there are as many disappointments as there are triumphs."

Experience has taught him that "backyard gardening is 90 percent mental and 100 percent physical. If that doesn't seem to add up, it's because it doesn't. There are no shortcuts, easy streets or opt-outs. Mother Nature is an unforgiving task-mistress and does not cease in her efforts to confound even the best laid plans."

Yet, he said, there are rewards – "the delicious taste of home-grown produce and a personal sense of achievement."

Homesteading is both a mindset and a lifestyle, Billipp said.

Modern homesteading does not need to take place off the grid on a huge expanse of land – it can occur in suburbia, apartments, planned communities and cities. Canning, seed harvesting, herbal medicine, sewing, soap making, home brewing, candle making, hunting and fishing, bartering and waste management are all part of the picture.

It means making choices that use less energy, produce less waste and are more wholesome.

"Buy things that will last a long time or have multiple uses," she suggested. "Make your soda bottle into a birdfeeder or try to research some craft to reuse items rather than buying new things."

It's about doing more for yourself, she said.

RHL

Enjoy the taste of the season with these recipes that incorporates backyard herbs.

Meyer Lemon and Sage Presse

"Very tasty and perfect for summer," said Judith Gosnell Kempe of Cherry Brook Garden Club who submitted this recipe used at the group's annual luncheon last year.

4 quartered medium lemons juiced
½ cup fresh sage leaves
1 cup simple syrup
(½ c sugar, ½ c water)
24 ounces club soda

Place the sage leaves and simple syrup in a blender. Process and strain with fine sieve. Adding ½ teaspoon salt to entire mixture is optional. Add lemon juice and divide mixture into eight glasses filled with ice. Add club soda just before serving. Serves eight.

Monarda Mojito

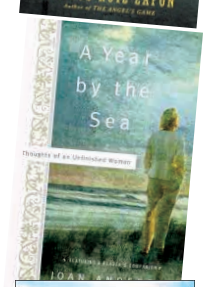
"We all know Monarda (bee balm) as that tall, somewhat bushy, flowering perennial that the hummingbirds love. A relative of the mint family, it has that same square stem and minty fragrance. Having antiseptic, antibacterial and antifungal properties, Monarda is frequently used medicinally, so why not use it to jazz up a favorite summer cocktail?" said Michelle A. Mullin, "Kale and Kraut" blogger

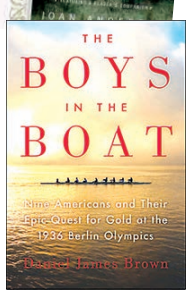
Large handful of Monarda leaves
Juice from 1 lime
2 tablespoons sugar
Crushed ice
A shot of good rum
Club soda
Muddle leaves, sugar, lime juice and ice until the sugar dissolves.
Add rum, and fill glass with club soda.
Garnish with a flower and enjoy.

Getting Married?
Let us know!
LIFE is interested in publishing engagement and wedding announcements. Send them to LIFE Editor at 540 Hopmeadow Street, Simsbury, CT 06070 or e-mail aalbair@turleyct.com. There is no charge.

SAVE THE DATE!
Step into the Circle of Mercy
On Monday, June 13, 2016, we invite you
to the beautiful greens of The Hartford Golf Club to raise green for The Mercy Community. West Hartford's premier not-for-profit Continuing Care Retirement Community includes independent/assisted living center The McAuley and skilled nursing facility Saint Mary Home. Each year, we hold a charity golf tournament and dinner to benefit our residents, clients, and programs and to shine a light on our Mission of compassionate service. Step onto the fairways and into The Mercy Community.
For registration or sponsorship information, please visit www.TheMercyCommunity.org or call 860.570.8305.
The Mercy Community

Summer LIFE





Best bets for beach reads

by Alison Jalbert
Assistant Editor

Summer is the season to burn through your reading list, whether it's on the beach, in your backyard or any other sunny spot. Area librarians share their recommendations for must-read adult books.

"Can You Keep a Secret?"

by Sophie Kinsella

What happens when you're on an airplane and you think it's going to crash? Afraid she's soon going to die, Emma Corrigan spills all her most intimate secrets to the attractive American man sitting next to her, believing she will never see him again. Imagine her horror when she learns that the handsome stranger is her new boss.

"This is a great beach read, and Emma's discomfort around her new boss makes for hilarious reading. I couldn't help but laugh out loud."

Susan Ray, head of adult services, Simsbury Public Library

"A Year By the Sea: Thoughts of an Unfinished Woman"

by Joan Anderson

This is the story of how one woman emerged from a stagnant period, finding the energy to renew her marriage and the courage to persevere in the living of an unfettered life. After being defined as a wife and mother, Joan Anderson takes time out to define herself as her own person, rather than by her various roles, and realizes there is more to her than just the sum of her parts.

"Why is this a good summer read? Most women find themselves defined by their roles, and find it difficult to say who they are beyond those roles; it's an intriguing concept, running away to find yourself."

Joan Quasnitschka, reference librarian, Lucy Robbins Welles Library in Newington

"The Shadow of the Wind"

by Carlos Ruiz Zafon

Barcelona, 1945: A city slowly heals in the aftermath of the Spanish Civil War, and Daniel, an antiquarian book dealer's son who mourns the loss of his mother, finds solace in a mysterious book entitled 'The Shadow of the Wind' by Julián Carax. When he sets out to find the author's other works, he makes a shocking discovery: someone has been destroying every copy of every book Carax has written. In fact, Daniel may have the last of Carax's books in existence. Soon Daniel's seemingly innocent quest opens a door into one of Barcelona's darkest secrets – an epic story of murder, madness and doomed love. –from Amazon.com

"Crack the cover and let this book transport you back in time to 1945 in Barcelona, Spain. This book is a beautiful thrill ride full of mystery, intrigue and adventure.

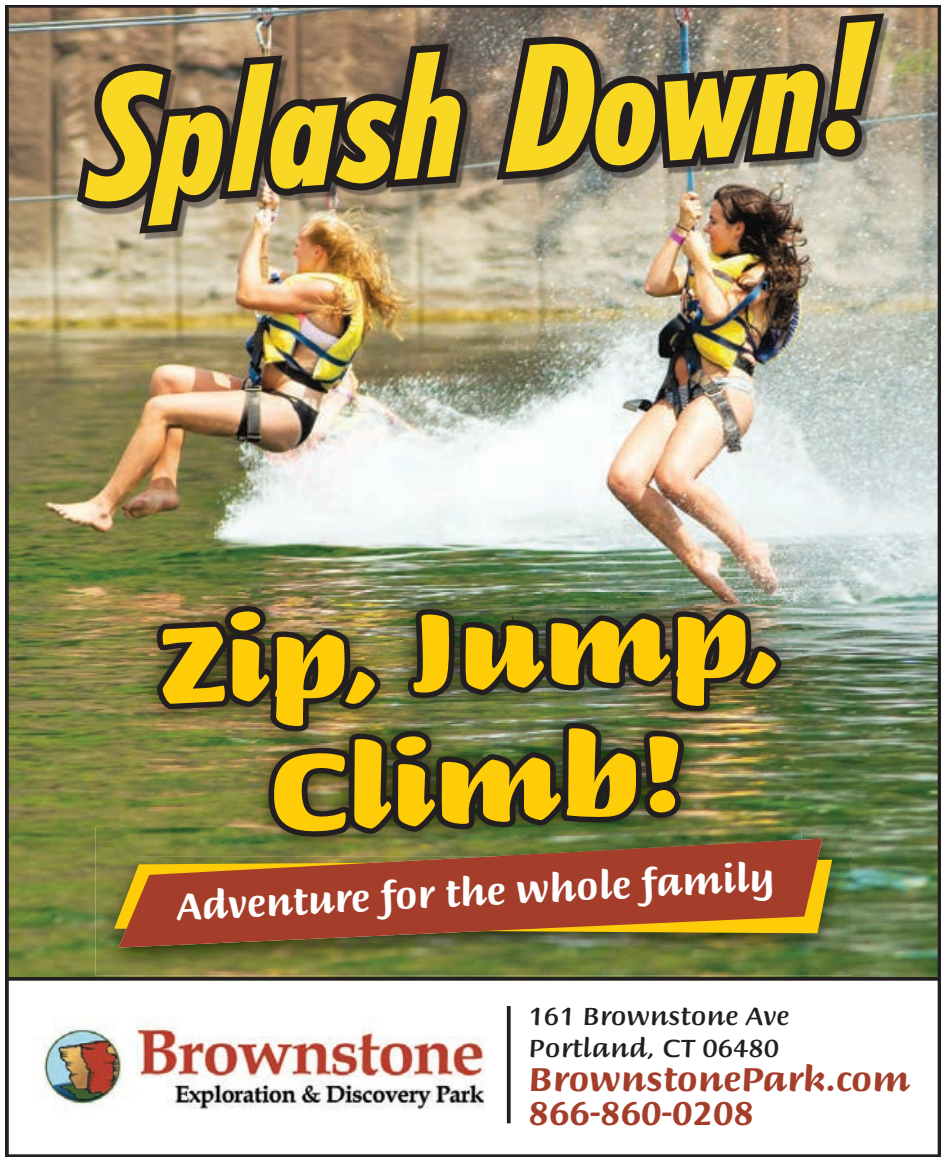
Lindsay Riordan, reference librarian, Cora J. Belden Library in Rocky Hill

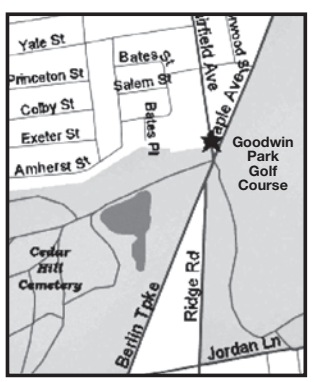
"The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics"

by Daniel James Brown

As we draw closer to the 2016 Rio Olympics, take a look back 80 years to Hitler's infamous 1936 Berlin Olympics. Daniel James Brown shares the tale of nine working-class boys from the University of Washington who, against the odds, managed to dominate rowing in an age when it was the sport of the elite. Through hard work and perseverance, they went from Great Depression farms, shipyards and logging communities to the storied regattas of the eastern universities, to beating the British rowing aristocracies of Oxford and Cambridge, and on to Berlin to row against Hitler's hand-chosen athletes. "The book is gripping, inspirational, and reminds us all that determination and teamwork can take us far."

Sarah McCusker, director, Canton Public Library



HARTFORD
Greek Festival 2016
Tuesday thru Sunday
June 2, 3, 4 & 5
ST. GEORGE GREEK ORTHODOX CATHEDRAL
433 Fairfield Avenue, Hartford, CT
Telephone 860-956-7586
www.stgeorgecathedral.org
Free Admission • Family Fun
Greek Imports • Authentic Greek Meals & Pastries, all made from scratch
Two bars, two bands, and two separate menus
GREEK MUSIC NIGHTLY
TAVERNA • CATHEDRAL TOURS
FESTIVAL DANCE TROUPE
COFFEE HOUSE
TAKE OUT AVAILABLE
FESTIVAL HOURS
Thursday 5pm-10pm
Friday 11am-11pm
Saturday 11am-12midnight
Sunday 12 noon-5pm
Be sure to visit our Taverna with it's separate bar, band, and authentic tavern app menu on our back patio.


READ LIFE ONLINE AT
www.TurleyCT.com
TurleyCT
COMMUNITY PUBLICATIONS

Student of the month

Her fire prevention poster is the best in the state

by Allie Rivera
Staff Writer

Come October, new pieces of art will temporarily hang in the State Capitol in Hartford with an important message – many fires are preventable through fire education.

The featured artist of the exhibit will be Emma Korn, 10, a fourth grade student at West Hill School and the statewide winner of the Fire Prevention Poster competition.

"My sister won county and I wanted to try to do that, too, so I decided to enter," Emma said.

The yearly competition calls for elementary school students across the state to create a poster that incorporates the year's theme. This year's was "Fire Prevention: Everyone, Everyday."

"I like animals and dogs, and when you think of dogs and firefighters you usually think of Dalmatians," Emma said, explaining her creative process. "Then on the folder they gave us it said some of the fire tips, so I thought I would include those, too."

After the competition was announced back in October, she began working on a first draft of her poster. She said it took her more than two weeks to complete her final design, which she then submitted for the grade-wide competition at West Hill.

Emma was happy to learn that her poster was selected as the best in her grade and even more thrilled when it was chosen as the best in the school.

"I was really surprised because there were other really good posters," she said.

As the winner from West Hill, Emma's poster was then entered at the county level, the same level that her older sister, 12-year-old Jordan, had won at Emma's age. In early 2016, Emma learned that her poster had been selected as the county winner.

"I was really happy when I found out," she said.

From there, she was invited to a dinner for all of the county winners in the state at USS Chowder Pot IV restaurant in Hartford. That was also when the statewide winner would be announced.

"I thought that someone else was going to win," Emma said. "Even my mom said that there were so many good posters there."

At the end of the evening, however, Emma's name was called as the creator of the best poster.

"I was really happy when they said it was me," she recalled.

Although Emma's recognition was for her artistic and creative abilities, West Hill Principal Scott Nozik said she is a fantastic student and wonderful role model who is worthy of recognition for numerous reasons.

"Emma represents the very best of West Hill School and I am so proud to see her get this recognition," Nozik said. "Winning the State's Fire Prevention Poster Contest is just icing on the cake."

For Emma, dedication to her studies is extremely important. She said that math is her favorite subject because she thinks that learning decimals and figuring out area and perimeter are fun.

Outside of school, she is further dedicated to her education by attending Kumon's math and reading programs as well as the Russian School of Mathematics.

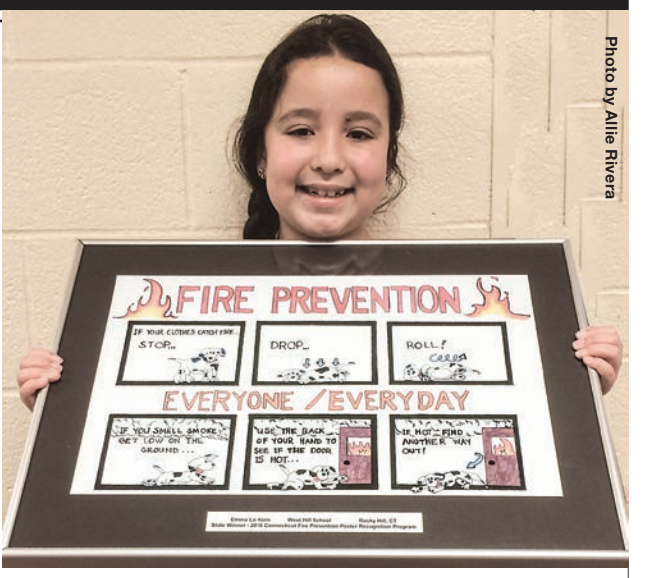


Photo by Allie Rivera

West Hill School fourth-grader Emma Korn submitted a poster for the state Fire Prevention Poster contest and her design earned her the top prize.

"You get to do stuff with algebra and exponents," Emma said. "I like that it helps you so you're better in school."

In addition to her schoolwork, Emma is also a member of the Girls Scouts and has been since kindergarten. She said the time she gets to spend with her friends making various crafts is her favorite part.

"We make soaps, we sew sometimes, and of course we sell Girl Scout cookies," she said. "I think soon we're going to have a lemonade stand for the [Connecticut] Humane Society."

When not studying or practicing the art of the cookie sale, Emma is also in her fourth year taking Tae Kwan Do.

"It's a lot of fun," she said. "You get to play games at the end of class."

During her down time, the 10-year-old said that she enjoys playing board games with her dad or her babysitter, Joanna. Her favorite game is Trivial Pursuit, especially when playing the green nature-related cards.

With her statewide win behind her, she is excited to be able to draw more for her own enjoyment. She plans to visit the State Capitol to see her work on full display. **RHL**

BEAVER BROOK
ANIMAL HOSPITAL
Summer Boarding
LASER THERAPY
ACUPUNCTURE
'FEAR-FREE' PRACTICE
OPEN 7 DAYS A WEEK
See our website for details www.beaverbrookah.com
60 Beaver Road • Wethersfield • 860-757-3346

REAL. LOCAL. SAVINGS.
See how much you could save on car insurance today.
David Johnson | 860-667-0877
2315 Berlin Turnpike • Newington
Saving people money on more than just car insurance.®
GEICO Local Office®
Some discounts, coverages, payment plans and features are not available in all states or all GEICO companies. GEICO is a registered service mark of Government Employees Insurance Company, Washington, D.C. 20076; a Berkshire Hathaway Inc. subsidiary. GEICO Gecko image © 1999-2012. © 2012 GEICO.

Put the phone down

Police maintain their focus on combating distracted driving

by Mark Jahne
Editor

A motorist turns the corner holding a cell phone in his hand, clearly talking. Just ahead stands a police officer in a bright yellow safety vest who will instruct him to pull over and present him with a ticket for distracted driving.

This is a scenario that was repeated multiple times when Rocky Hill police held a pair of distracted driving checkpoints during the month of April. The goal is to educate the driving public about the need to pay full attention to the road.

It is also about enforcing a state law that makes it illegal to use a hand-held cell phone while driving. Hands-free devices, such as Bluetooth, are legal.

Distracted driving has become an increasing focus of law enforcement all over the country in recent years as more and more accidents are being attributed to people who were talking on cell phones or, even worse, looking down and texting while their vehicle was in motion.

"We're targeting cell phone violations. Texting is clearly a problem," Officer Anthony Bongiovanni said.

Rocky Hill police set up a distracted driving checkpoint on West Street. Motorists using hand-held cell phones were pulled over for violating the law.

He was serving as lookout at one of the checkpoints conducted April 28 with grant money from the state Department of Transportation. Bongiovanni stood at the intersection of Cromwell Avenue and West Street; other officers were stationed a short distance up West Street, prior to the ramps for I-91.

When he saw a driver turning onto West Street clearly holding a cell phone to his ear, he called ahead on his radio, giving a full description of the car and the illegal behavior. That level of detail is important in justifying the reasons for stopping each motorist and making the case stick if the alleged offender opts to contest the fine in court.

"We have to see a violation – and describe it," he said. "When you're in an unmarked car you see blatant violations."

Bongiovanni spoke about a recent crash he investigated in which a car operated by a young driver slammed into another vehicle from behind. The boy admitted that he was texting at the time.

The officer said police know such behavior is often the cause of a crash but most people do not volunteer such an admission of guilt. He was asked why so many people text and drive even though common sense would seem to suggest it is a dangerous practice.

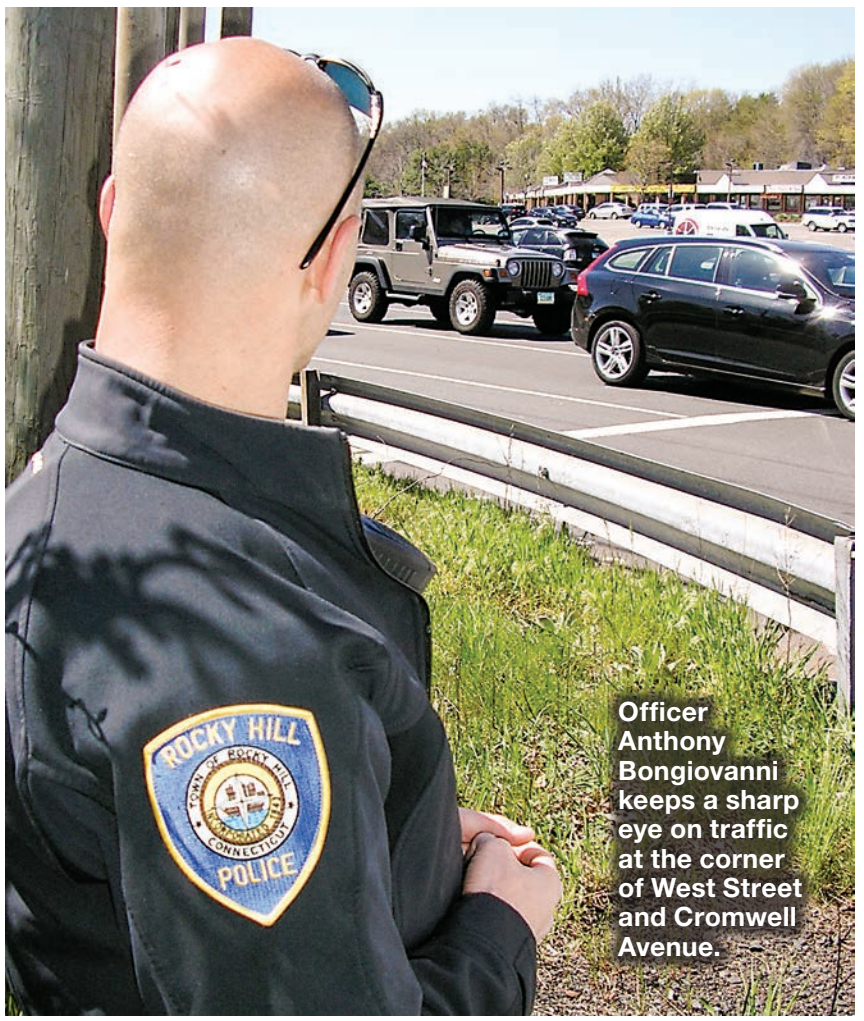
Officer Laura Carta approaches a truck that was stopped for an alleged violation.

"There's a craving for instant gratification," he said.

He added that a common misconception is that the police do these kinds of focused enforcement efforts just to write tickets to create revenue for the town's coffers. All motor vehicle violations are state laws and the fines are paid to the state, not the town.

STEVE'S PLACE
Since 1969
GRINDERS • PASTA • SALAD • GRILLE
Everyone Loves A Red Sauce Joint!
One of the BEST Around!!
Steve's Place
Restaurant & Deli
84 Market Square
Newington
860.666.5975
366 Cromwell Ave.
Rocky Hill
860.721.8545

New Lunch Menu!
Variety of Gourmet Salads, Sandwiches & Wraps!
Check out our NEW MENU Online for Dine In & Take Out!
Elaine's
Italian & American Food
Join Us For Father's Day
BRUNCH BUFFET!
Call Now for Reservations
Our Patio Is Now Open!
www.elainesrestaurant.com
1841 Berlin Tpke., Wethersfield • 860.257.4191



Officer Anthony Bongiovanni keeps a sharp eye on traffic at the corner of West Street and Cromwell Avenue.

"We don't get the money," he said.

The motivation for the police is to reduce the accident rate and, in turn, reduce the numbers of deaths and injuries on local roads. Bongiovanni said distracted driving cuts across all racial, cultural, age, gender and other socioeconomic categories.

In other words, everybody's doing it. But there is hope.

"We're getting increased compliance," he said.

Lt. Brian Klett stopped by to see how things were going and spoke about the process. He said 75 percent of the cost of these special checkpoints is paid for by the grant and the remaining 25 percent by the town.

"We received an increased amount of funding from last year," he said. "We've been out here two days or more per week. The idea behind this campaign is a high-visibility enforcement effort."

A large brightly colored road sign let everyone know what was going on. Locations for the roving checkpoint were based upon data indicating which streets have the highest traffic and accident volumes.

"The fines are significant. We're reducing the amount of accidents in this area," Klett said.

Police handed out more than 200 tickets at these checkpoints and other officers added to the total during their regular patrol duties. He agreed with Bongiovanni that this is a lower number than last year.

"There is more awareness and more compliance than we've seen in recent years," Klett said.

Rocky Hill is one of 50 municipal police department, as well as the State Police, that participate in the grant program. The fines are $150 for a first offense, $300 for a second offense and $500 for each subsequent offense.

The police department expects to receive another distracted driving grant in August and will establish similar checkpoints on days yet to be selected. Those who continue to practice distracted driving can expect to be stopped and ticketed. **RHL**

Prime Minus .51%
Current Variable Rate
2.99% APR*
Home Equity Line of Credit

Chelsea Groton Bank
Lending Center
Glastonbury

Picture the backyard of your dreams. And a bank that will go above-and-beyond to make it a reality with a competitive **home equity line of credit. Call us at 860-934-1300, or apply online at chelseagroton.com.**

*Annual Percentage Rate (APR) will be variable for the life of the loan based on the index minus 0.51%. The index is the highest United States Prime Rate as published in the Eastern Edition of the Wall Street Journal preceding the start of each monthly billing period (3.50% as of 1/19/2016). The APR will never be less than 2.99% or more than the lesser of 18% or the maximum permitted by applicable state law. Offer valid for one to four family owner occupied CT and RI properties only with a minimum of 20% equity (loan to value ratio equals 80% or less). Monthly payments of interest only may cause your monthly payment to increase, possibly substantially, once your credit line transitions into the repayment period. Minimum line of credit is $5,000 and maximum is $300,000 for these terms. Please contact us for line amounts between $300,000 and $1,000,000. Offered rates and terms may change at any time and vary by loan amount and loan-to-value ratio. Other rates and terms available. Not available on homes currently listed for sale. Property insurance required. Flood insurance may be required. Subject to credit approval; not all applicants will qualify. No Chelsea Groton Bank application or closing costs apply. Properties held in trust are subject to a $150 trust review fee. A prepayment penalty will apply if line is closed and discharged within 36 billing cycles for CT properties, 12 billing cycles for RI properties. CT prepayment fee for 1st 24 complete billing cycles is 2% of line balance, next 12 complete billing cycles it is 1% of line balance. RI prepayment fee for 1st 12 complete billing cycles is 2% of line balance. Contact the bank for lines of credit without prepayment penalties. This offer is not a commitment to lend. Offer available for a limited time only and may be withdrawn at any time. Chelsea Groton Bank NMLS ID 402928.

EQUAL HOUSING LENDER
Member FDIC

fashion by rieker ANTISTRESS

Footprints • 860.666.3100
$10 OFF every pair of RIEKER Shoes or Sandals
Prior sales excluded. Cannot be combined with other sales, coupons, discounts or voucher. One coupon per person. Expires 6/12/16.
VL

NOW OPEN SUNDAYS

FOOTPRINTS
Shoes & Accessories
79 Costello Road, Newington • (860) 666-3100
Mon.-Sat. 9:30-5:45 • Thurs. Night to 8:45 • Sun. 10:00-5:00
footprintsshoes.com

Real Estate

WILLIAM RAVEIS

REAL ESTATE • MORTGAGE • INSURANCE

The Largest Family-Owned Real Estate Company in the Northeast

PREMIERE HOME TEAM

MIRELLA D'ANTONIO & ASSOCIATES

860-997-1600 • Mirella.DAntonio@Raveis.com

CONSISTENT RESULTS • CARING • AWARD-WINNING

#1 IN ROCKY HILL FOR BUYER SALES VOLUME IN 2015

ROCKY HILL $369,900
Fabulous end-of-cul-de-sac location! 2434 SF Split, 4 bdrms, 2.1 bths, 2-car garage, .60 acres; Seller wants offers!

HEBRON $368,200
Private 2 acre setting w/views! Lux. 4 BR, 3.1 bth Contemp Col w/2-Car Garage,Master Suite w/Jac, Granite, FP, CAIR, Fin LL w/Full Bth. Co-listed w/Dan Burgio 860-808-9219

ROCKY HILL $539,900
Exceptional 2600 sf Ranch Blt 2000 Like New! 3BR, 3.1 Bths, 2-Car Att Gar, Walk-up Attic, Gas Heat, CAIR, Addl 1500 sf Fin Walkout LL w/Full Bth & Kitch, much more!

COLCHESTER $345,000
Like New -Year-blt 2004-Classic 2570 SF Colonial, 4 bedrms, 3.1 baths, 2-car garage,Walk-out Fin LL W/Full BTH, 1.4 ACRES

GLASTONBURY LAND $125,000
Great value here for 10 acres located off Rte 2, Exit 10 & Three Mile Rd; parcel is land-locked.

HARTFORD $1750/MONTH
Weth. line RENTAL Newly renovated 1641 sq.ft 2 BR, 1 bath apartment, Offstreet parking, Busline, Gas heat, 700 FICO Score Minimum required, Background Check

ROCKY HILL $395,000
420 Old Main St. What a home! Gracious solid Colonial, 3372 sf w/5 BR, 2.1 Bths, 2-car gar. on 1.32 acres, Special upper level road w/privacy. Call Cynthia Neznayko 860-881-8500

EAST HARTFORD $109,935
Adorable 2 BR. 1.1 Bth Tonwhouse w/1-car gar; For Buyers that qualify under CHFA income gudielines can receive $15K toward mortgage! Gas heat, CAIR

WETHERSFIELD $815,000
Magnificent 6356 sf Brick Georgian Col., 5 BRS, 4.2 BTHS, 3-car gar. In-law. Call Mirella 860-997-1600 or Madhu Reddy 860-918-2921

Mary Anne Hepburn
860-712-3048

Joan Abbate
860-690-1354

Dan Montano
860-324-3702

Karen Parker
860-796-5833

Cynthia Neznayko
860-881-8500

BERKSHIRE HATHAWAY HomeServices | New England Properties

Roseanne Scacca
REALTOR
(860) 214-0236

GLASTONBURY $429,900

JUST LISTED. Modern Gem! Fantastic home. Quality Built. Great floor plan. Beautiful wood floors. Updated kitchen with granite and SS. 4 spacious bdrms. Perfect home for entertaining. Gas heat/Cair. NEW NEW NEW. Very sought after area. Roseanne Scacca (860) 214-0236.

bhhsNEproperties.com

COLDWELL BANKER RESIDENTIAL BROKERAGE

WETHERSFIELD $395,000
Fantastic Colonial. Updated kitchen, HW floors and formal dining room. One owner. Maureen Horowitz 860-205-9678.

ROCKY HILL $310,000
3BR/2.5BA. White kitchen, gas fireplace, finished lower level and wooded views. Maureen Horowitz 860-205-9678,

WETHERSFIELD $344,900
Custom built 3BR/2.5BA Ranch. Mastersuite, stone FP, wine cellar and 2-car garage. Cris Walsh 860-214-5964.

Wethersfield Office | 1331 Silas Deane Highway | Wethersfield, CT 06109 | 860.563.1010

ColdwellBankerHomes.com

©2016 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker Logo, Coldwell Banker Previews International, the Coldwell Banker Previews International logo and "Dedicated to Luxury Real Estate" are registered and unregistered service marks owned by Coldwell Banker Real Estate LLC.

Real Estate

Annie Dillon & Team Dillon

Reputation you can trust

Annie Dillon, Sales Vice President | cell 860.729.2998
990 Silas Deane Highway, Wethersfield
Annie.Dillon@Raveis.com | AnnieDillon.raveis.com

Team Dillon - Wethersfield's #1 Selling Team

Rocky Hill $569,900
55 Murphy Drive
Custom built Energy-Star Colonial located in sought after west-end. Open floor plan, 9 foot ceilings. First floor MB suite. Eat-in kitchen opens to family room w/gas fireplace. Formal DR & LR.

Rocky Hill $429,900
45 Stanley Court
Private Estate, over 2 Acres! 4 BR Colonial with front wrap-aroud porch, eat-in kitchen, flexible floor plan, den with fieldstone fireplace, oak floors, in-ground swimming pool, oversize garage. Well maintained and loved!

Wethersfield's Top Selling Agent!

WILLIAM RAVEIS
REAL ESTATE • MORTGAGE • INSURANCE
The Largest Family-Owned Real Estate Company in the Northeast

Expert Knowledge of Local Properties.

BERKSHIRE HATHAWAY HomeServices | New England Properties

WETHERSFIELD $264,900
JUST LISTED. Special features include Vaulted ceilings, 2-sided FP in LR/ kitchen. 1st flr laundry. Gas heat.
Neil Howett (860) 571-6661

NEWINGTON $244,900
LOCATION! 5 Br; 1st flr MBR plus home office and FamRm. Fresh Kitchen. New Appl. Screened Porch; Nice yard.
Jeanne Bailey (860) 665-1094

S.GLASTONBURY $249,900
JUST LISTED Modern and Move-in ready. Beautiful Hardwood flrs. C/air. Deck overlooks private yard. Nice kitchen. **Jill Serra (203) 305-6336**

WETHERSFIELD $94,900
CONVENIENCE Great opportunity for Owner Occupant or Investor. 2bd/Gas heat. Turn-key.
Angela Aiello Sousa (860) 305-5585

EAST HARTFORD $195,500
COMPLETELY Lovely home. MB with bath. Walkout lower level with additional bath. HDWD flrs. 3 season sunroom.
Ivana Marrero (860) 778-8086

WETHERSFIELD $174,900
END UNIT Townhouse with garage and finished LL. Lots of natural light. 1st flr MB. Private deck. Special Financing.
Marie Padilla (860) 205-2655

EAST HARTFORD $139,900
DUPLEX Great investment or owner occupied property. 3BD and 2BD units. Gas heat. Two separate driveways. Vinyl sided. **Rob Rosa (860)558-2122**

WETHERSFIELD $178,000
TOWNHOUSE Great location, large back yard. Vaulted ceilings. Super kitchen, gas Fireplace. Attached Garage.
Warren Roberts (860) 989-5488

OLD LYME $295,000
POINT O'WOODS Cottage. Fully furnished expandable 2 bd bungalow on deep lot in private beach community with city sewers!
Peg Hurley (860) 729-3094

BHHS New England Properties

1160 Silas Deane Highway Suite 101 & 102, Wethersfield, CT 06109, 860.563-2881
2014 BHHS NE Properties OFFICE OF THE YEAR

bhhsNEproperties.com

Volunteers build a pair of bridges for park

by Mark Jahne
Editor

The engineers at the local Resource Solutions office were looking for a volunteer project. The town needed a couple of footbridges to span certain areas of the Dividend Pond Trails and Archaeological District.

The two desires came together like peanut butter and jelly.

The pair of bridges, one 12 feet long and the other 14 feet, were built April 28 in the driveway of resident Robert Ludwig. He is one of the three volunteer trail managers who assist the town Parks and Recreation Department.

They carefully measured, cut and screwed in the lumber. Chicken wire was added to provide a little extra traction on days when the bridges may become wet from rain or snow.

"We're very blessed. They reached out to us," Lisa Zerio said.

She is the director of parks and recreation. Zerio and supervisor Walt Sykes stopped by to thank the volunteers and get a first look at the new bridges.

Zerio said her department has wanted these bridges for some time and the unexpected free labor made them possible. The materials were purchased using grant funding.

Tom Coughlin was the leader of the Resource Solutions team. The other two volunteers were Adam Allington and Satyen Moray. All are professional engineers.

"We are allowed one paid community service day a year," Moray said.

The trio originally contacted the town Human Services Department and were referred to parks and recreation because it seemed like the best fit. **RHL**

Volunteers Adam Allington, Tom Coughlin and Satyen Moray size up the task as they prepare to build a footbridge. They are engineers with Resource Solutions.

Photos by Mark Jahne

Bob Ludwig, a resident and parks and recreation trail manager, assembles the pieces.

Coughlin cuts the wood to exact size.

Villager at Avery Heights is
Cleaning Its Closet!
THREE DAYS ONLY!
Thurs., Fri. and Sat. June 9, 10, & 11 • 9:30am - 3pm
$2-$50 Selections
Unique Clothing & Accessories Of All Seasons
SUMMER SALE
40% OFF
Mon-Fri 10-2
Starts 7/1/16 thru Labor Day
The Heights
Avery Heights • A Village of CHI
550 Avery Heights
Hartford • 860-953-1201
OPEN Monday - Friday 9:30-3:30

Wethersfield Monument Company
serving Greater Hartford since 1986
Special Designs for Personalized Memorials
• Monuments
• Cemetery Lettering
• Markers
860.372.4020
www.wethersfieldmonument.com
526B Silas Deane Hwy • Wethersfield

The Webb-Deane-Stevens Museum Shop
Diana Tyler prints - Webb Deane Stevens houses, Webb Barn and Gardens... Matted and framed...
Coming July 4th! Celebration of Wallace Nutting at the Webb House... enjoy the book *Wallace Nutting and the Invention of Old America.*
Small hostess gifts, soaps, pottery, candles and note cards.
Colorful jewelry, scarves and tunics for summer!
221 Main Street • Wethersfield • 860.529.0612
Open Daily (Except Tuesdays) 10am-4pm
Sundays 11am-4pm

June calendar

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

1 **Books & Babies,** 10:15 a.m., Cora J. Belden Library, 33 Church St., 860-258-7621 or rockyhilllibrary.info, also June 8, 15

Playgroup, 10:15 a.m., Cora J. Belden Library, also June 8, 15, 22 and 29

Mystery Book Discussion, 6:30 p.m., Cora J. Belden Library

Volunteens, 6:30 p.m., Cora J. Belden Library

Cookies & Coloring for Adults, 6:30 p.m., Cora J. Belden Library, also June 8, 15, 22 and 29

2 **La Leche League**, 10 a.m. to noon, 23 Textbook Ave., 860-529-2307 or mgubala@sbcglobal.net

ESL Classes, 10:30 a.m., Cora J. Belden Library, also June 9, 16, 23 and 30

Minecraft Club for Grades 6-12, 5:30 p.m., Cora J. Belden Library, also June 9, 16, 23 and 30

Family Make It, Take It, 6 p.m., Cora J. Belden Library, also June 9, 16, 23 and 30

4 **Giant Indoor Tag Sale,** 8 a.m. to 4 p.m., Church of St. Andrew the Apostle, 331 Orchard St., also 9 a.m. to 1 p.m. June 5

Friends of the Library Book Sale, 11 a.m. to 4 p.m., Cora J. Belden Library

7 **Knitting Group,** 11 a.m., Cora J. Belden Library, also June 14, 21, 28

CT Hearing Voices Network support group, 7 p.m., Rocky Hill Congregational Church, 805-817 Old Main St., second floor classroom, 203-391-4968, also June 14, 21 and 28

8 **Alzheimer's or Dementia Caregivers Support Group,** 6 p.m., The Atrium at Rocky Hill, 1160 Elm St., 860-563-5588 or ehall@benchmarkquality.com

11 **Book Wars,** 1:30 p.m., Cora J. Belden Library

Rita's African Dance Show, 2 p.m., Cora J. BeldenLibrary

Alzheimer's or Dementia Caregivers Support Group, 2 p.m., The Atrium at Rocky Hill, 1160 Elm St., 860-563-5588 or ehall@benchmarkquality.com

13 **Library Board,** 7 p.m., Cora J. Belden Library

14 **Minecraft Club for Grades 3-5,** 4 p.m., Cora J. Belden Library, also June 28

17 **LEGO Free Play,** 10:30 a.m., Cora J. Belden Library

18 **Summer Reading Kickoff: Riverside Reptiles,** 2 p.m., Cora J. Belden Library

21 **Maker Camp,** 3 p.m., Cora J. Belden Library, also June 28

Bonsai Trees, 6:30 p.m., Cora J. Belden Library

25 **Board Game Club,** noon, Cora J. Belden Library

28 **Maker Camp: Minecraft Ore Lamps and Paper Monsters,** 3 p.m., registration required, Cora J. Belden Library

Is your club, community organization, school or house of worship holding an event open to the general public? If so, please send us the details for inclusion in our calendar. Email your events to Mark Jahne at mjahne@turleyct.com or mail them to Turley CT Community Publications, 540 Hopmeadow St., Simsbury, CT 06070.

RONCARI AUTO RENTAL LLC
• No Seasonal price hikes.
• Cars are thoroughly sanitized before every rental.
• 10% discount on POSTED RATES BELOW for StarCard Members and their out-of-town colleagues and corporate associates, AAA, Costco, BJs, and Sam's Club.
• Plus all applicable airport fees and taxes.
2015 Kia Forte Economy Size
$47.95/Day – Everyday
2015 Kia Optima Standard Size
$59.95/Day – Everyday
Must make reservations at:
roncariautorental.com
1-800-555-6540

WHERE THERE IS LOVE THERE IS LIFE
John Medeiros
Jewelry Collections
THE HEART COLLECTION
www.JohnMedeiros.com
Made in America. Handcrafted in Rhode Island.
All Rights Reserved © Copyright 2016 Tahoe Jewelry, Inc.
Turgeon Jewelers
1841 Berlin Turnpike, Wethersfield
860.436.6400 • turgeonjewelers.com
mike@turgeonjewelers.com | T-W-F 10-6; Th 10-7; Sat 10-4

News roundup

Fastest to the top

A team including members of the Rocky Hill Volunteer Fire Department won first place in the American Lung Association's Fight for Air Climb held April 23 at the Hartford 21 building in downtown Hartford.

The winning team, made up of firefighters from Rocky Hill, Newington, and Wethersfield, had nine firefighters and two others complete the climb of 688 steps and 24 floors. The team raised more than $5,000 dollars for the ALA.

Individual award winners were: Carol Peckham, second place overall female firefighter and also second place in her age group; Franco Bonamico, first place for 18 and under male firefighter; Kyle Gentile, second place for age 19-29 male firefighter; Peter Fabbri, first place for age 50-59 male firefighter; Miranda Gallagher, second place for age 19-29 female firefighter and Ioneida Alves, second place for age 30-39 female firefighter.

Get a free dental cleaning

People over the age of 60 who live in Berlin, Newington, Rocky Hill or Wethersfield are eligible for a free dental cleaning, courtesy of the Central Connecticut Health District and the North Central agency on Aging.

Donations are welcome, but not required. There is a limit of five patients per day, so reserve a spot by calling Health Educator Lori DiPietro at 860-665-8571.

Health district holds exercise

1. The Central Connecticut Health District worked with local health departments across the state the week of April 11-15 to conduct a Connecticut Department of Public Health Full Scale Exercise.

The purpose of this exercise was to test emergency preparedness. It specifically tested ordering, receiving, preparing and transporting medicine. The security and communication of this plan were also tested. Activities included using mock pallets of medicine to test receiving and distribution in the event of a real emergency.

1

Canoeists rescued from river

The Rocky Hill Volunteer Fire Department was dispatched to Ferry Park the afternoon of May 8 to investigate the report of a capsized canoe in the Connecticut River. The report also stated that two people were in the water.

With the assistance of the police department, they were found on the west bank of the river approximately 500 yards south of the ferry landing. It is estimated that the pair spent between 10 and 15 minutes in 47-degree water.

They were brought back to the boat launch by the fire department's marine rescue unit. Firefighters were also able to salvage their canoe. The duo was turned over to EMS for medical evaluation and refused treatment, according to Fire Chief Michael Garrahy.

Merry Maids is
Dependable, thorough cleaning • Bonded & Insured
Satisfaction Guaranteed • Can provide other home-care services
Loyalty/Referral Programs • Easily Customizable Cleaning
Outstanding Customer Service Strategies • Extensively Trained Employees
merry maids
One less thing to worry about.
Gift Certificates Available
860-563-8367
email: merrymaids.buckridge@gmail.com
Spring into Summer!
It's the perfect time for a Full House Cleaning!!
$99.00 OFF $33.00 Off First Full House Cleaning $33.00 Off 5th & 10th Cleaning. New customers only Not valid with other offers.
CARPET CLEANING SPECIAL $10.00 OFF with minimum of 4 carpeted areas. Not valid with other offers.
$15.00 OFF any window service. Minimum of 8 windows. Not valid with other offers.
$20.00 OFF any power washing or gutter cleaning service. Not valid with other offers.
www.merrymaids.com

30+ Years of Honesty, Integrity & Service
Sara W. Felter
GRI, CRS
(860) 573-8008
sara.felter@cbmoves.com
www.sarafelter.com
COLDWELL BANKER
1331 Silas Deane Hwy.
Wethersfield

Lasky-Griswold Antiques
Buying Antiques & Collectibles
Paintings, Art Glass, Lamps, Pottery, Porcelain, Books,
Sports Memorabilia, Manuscript Documents, Autographs, Photographs,
Military Items, Swords and Firearms, Gold, Silver and Coins.
Please call Ray or Tim (860) 436-9891
Open by chance or appointment
383 Silas Deane Hwy.
Wethersfield, CT
Free House Calls, Estates and Verbal Appraisals • Highest Prices Paid

READ LIFE ONLINE AT www.TurleyCT.com
TurleyCT COMMUNITY PUBLICATIONS

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

Remembering Loprete

The 6th Annual Softball Fundraiser in memory of Maryann Loprete will take place at 10:30 a.m. and 1 p.m. June 4 in Elm Ridge Park. The cost is $25 per player. Children, dogs and all other spectators are all welcome.

Loprete died in a car crash and a foundation was established in her memory to raise money for scholarships. This festive day will feature two softball games, activities for children, bocce, a barbecue and live music.

For additional information call 860-328-1602 or see maryannloprete.org.

Church hosts tag sale

A giant indoor tag sale will take place from 8 a.m. to 4 p.m. June 4 and 9 a.m. to 1 p.m. June 5 at the Church of St. Andrew the Apostle, 331 Orchard St. Saturday features an early bird sale from 7-8 a.m. Furniture, books, jewelry and much more will be available for purchase.

CCHD seeks volunteers

The Central Connecticut Health District is looking for medical and non-medical volunteers from Berlin, Newington, Rocky Hill and Wethersfield to assist with district services. Volunteer opportunities include, but are not limited to: assisting with annual flu and pneumonia clinics; training for live emergency preparedness events, such as flu pandemics, bioterrorism threats and major storms; participating in emergency preparedness drills and providing assistance in emergency shelters.

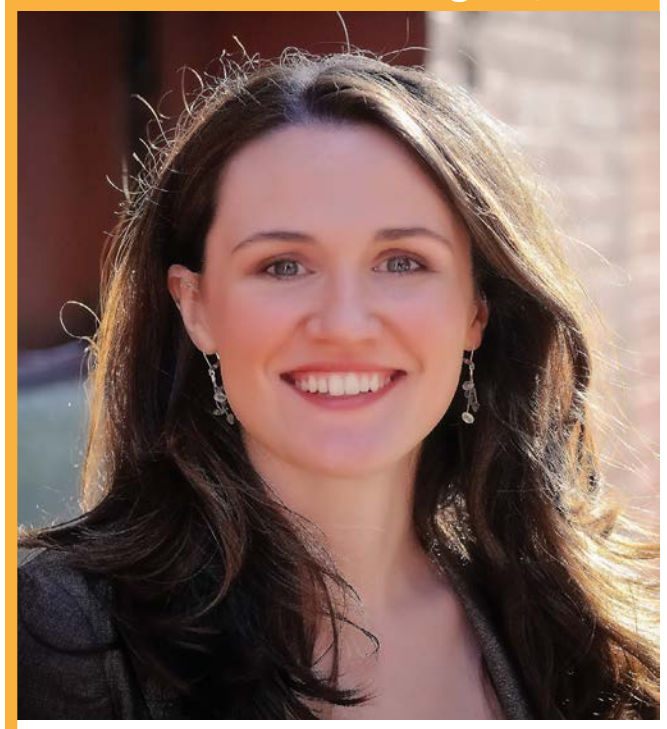
Residents with experience in logistics and/or emergency services are particularly desired, but all are welcome. The CCHD is also looking for volunteers who speak English and are also fluent in Spanish, Italian, Hindi, Albanian, Bosnian or Polish. For more information contact Lori DiPietro at 860-665-8571 or ldipietro@ccthd.org.

Marching for Babies

2. CREC Academy of Aerospace and Engineering Elementary School students, families and staff participated in a March of Babies event in support of a preschool student at their school. He was born premature and suffered from a rare congenital birth defect that affected his lungsand heart.

This magnet school is located in Rocky Hill. The March of Babies is an event sponsored by the March of Dimes and took place at Rentschler Field in East Hartford. **RHL**

Tickets on sale through 5/31



WOMEN'S LEADERSHIP COUNCIL
POWER of the PURSE
LIVE UNITED United Way

Power of the Purse
Luncheon and Silent Auction

Tuesday, June 7
Connecticut Convention Center

Featuring inspirational speaker Liz Murray from *Homeless to Harvard* and author of New York Times Best-Seller, *Breaking Night*

UnitedWayInc.Org/POP2016

Thank You 2016 Sponsors

Title Event: TD Bank, America's Most Convenient Bank®
Title Speaker: The Hartford
Premier: Stanley Black & Decker
Technology: The Hanover Insurance Group, Inc.
Gold: Comcast; The Hartford Steam Boiler Inspection and Insurance Company; Sun Life Financial; Travelers
Spotlight: Webster Bank

#PursePower2016
#Celebrate5atPOP

No slowing down

Kathy Kennedy enjoys life by remaining active and involved

by Mark Jahne
Editor

Retirement and growing older are two reasons why many people choose to slow down the activity level of their lives. Kathy Kennedy doesn't subscribe to that theory.

The longtime Rocky Hill resident remains active and involved in numerous aspects of life. One of her primary activities is with the Friends of Dinosaur Park and Arboretum on West Street, of which she is president.

She has held that title since 2002. The organization has approximately 100 members and provides a variety of programming and financial support for Dinosaur State Park.

"I got involved in the park in 1985," she said.

"We have a manager, we have staff at the book shop," Kennedy said. "That's our main source of income, along with our membership fees."

Volunteers also help staff the front desk. The Friends also sponsor the park's largest annual event, Dinosaur Park Day. This year the entire weekend of Aug. 20-21 is dedicated for that purpose as part of the park's 50th anniversary celebration.

"We have supplied many of the exhibits at the park. We've donated over $500,000 to the park," Kennedy said. "Dinosaur Park takes a lot of my time."

She was science department chairwoman and taught earth science and other courses at Rocky Hill High School until her retirement four years ago. That career spanned 20 years.

Photo by Mark Jahne

Kathy Kennedy is retired from work, but busy as ever.

The Freedom & Time... to Enjoy Life!

At Atria Greenridge Place we have created a vibrant community where older adults can thrive, participate & enjoy access to activities, care & support to help them keep making a positive contribution & difference in our world!

Come In Today For A Tour!

Atria SENIOR LIVING GREENRIDGE PLACE

One Elizabeth Court • Rocky Hill • 860.257.0000
www.atriagreenridgeplace.com

Bel-Air Manor
Nursing & Rehabilitation Center
256 New Britain Ave., Newington, CT 06111
ph: 860-666-5689 • belair-manor.net

- **31 Spacious Private Rooms**
- **Specialized Cardiac, Pulmonary, Orthopedic Rehabilitation & Wound Care**
- **Aquatic Therapy, Urology Clinic, and IV Therapy**
- **Inpatient & Outpatient Care**

Short-term Care • Rehabilitation Services • Post-acute and Transitional Care

Ask for our Home Health Care Partner
LIGHTHOUSE HOME HEALTH CARE
844-550-5215
lighthouse-homecare.com
Find us on Facebook
Affiliated with Ryders Health Management

LIVING Your Best LIFE

"I taught for 31 years total," she said.

One of the few leisure things she does is enjoy lunch. It was always rushed during her teaching career, with 20 minutes at the most to down a meal and rush back to the classroom.

"There is very little break when you're teaching," she said.

Kennedy was also one of the leaders of the annual Lend A Paw volunteer student work day. She still does that.

"I also score the swim meets," she said, for both the boys' and girls' teams.

She knits, is an avid reader, and plays tennis and golf at least once a week. She was a member of the now-defunct Rocky Hill Junior Woman's Club and served for a year as its president.

"I also do several exercise classes a week including yoga and core classes. I walk with friends if it's a nice day," Kennedy said. "I like to cook. I'm in a dinner group."

She enjoys keeping busy. Even in the winter, she finds things to do.

"I guess I've always been pretty active. I didn't worry about retiring. I just figured I'd get involved in things I like to do," she said.

Kennedy and her husband travel often, including multiple trips to Florida each year, where they own a second home. Scheduled for this summer is a Rhine River cruise.

"I didn't worry about retiring. I just figured I'd get involved in things I like to do."

–Kathy Kennedy

They have a daughter in Boston and a son in West Hartford, plus grandchildren, and she visits them whenever she can.

"I think it's very important to keep moving," she said. "Walking is free exercise. You can always walk."

She advises fellow retirees to take an exercise class or avail themselves of the countless volunteer opportunities in this area.

"You do need to have some down time. That's what retirement's for," she added. "My decision was to keep myself busy and active and do what I want to do, not what I have to do."

Margaret "Meg" Enkler, director of Dinosaur State Park, is delighted that Kennedy dedicates so much of her time and energy to the park.

"Kathy has been a volunteer here for decades. She's done all sorts of different things," Enkler said. "She has been president of the Friends for over a dozen years. She's really a natural leader."

Enkler recalled that Kennedy started out at the park doing interpretive science. She lauded the volunteer's work on Lend a Paw and prom night. Kennedy makes sure that the park is always on the list of locations where students can volunteer.

"Every year we have about a dozen high school kids come here to do a big project," Enkler said.

"We're an educational facility. It's really great to have someone who has a background as a science teacher," she said of Kennedy. "Kathy is wonderful and I enjoy working with her on both a personal and professional level." **RHL**

Sage Pond Place
1725 Berlin Turnpike, Berlin
Nestled off the road in a quiet, wooded setting!

ATTENTION!
APPLY NOW!
For Active Adults 55+
Rents Include Heat & Hot Water

- Central air!
- Fully Appliances Kitchens
- Community Room
- Picnic Area with Grill
- 24 Hour Emergency Maintenance
- Intercom System
- On-Site Laundry
- Library
- Ample On-Site Parking
- Secure Building

1BR rents are $875.00, 2BR rents are $1045.00
Income restrictions apply.

(860) 828-3958
Merit Properties, Inc. Financed by CHFA

Fill Your Retirement Calendar With Excitement!

COVENANT VILLAGE OF CROMWELL
A Covenant Retirement Community

Come see what a day in the life of a Covenant Village of Cromwell resident looks like!

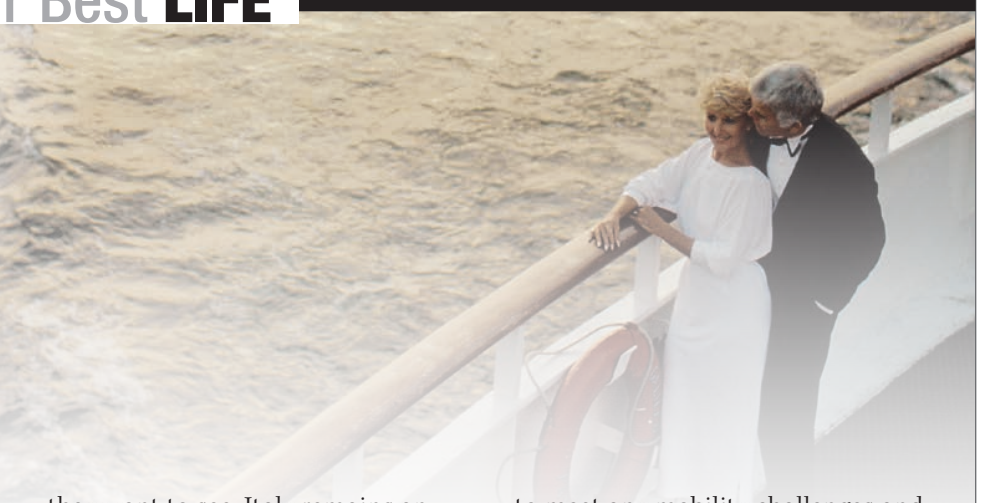
» Learn about our resident-run committees
» Enjoy a complimentary chair massage, fitness evaluation and Tai Chi demonstration
» Explore all the special amenities and programs an active community has to offer

Enjoy a BBQ lunch with friends, tour the beautiful 42 acre campus and end the afternoon with a sweet treat from the cupcake truck!

Wednesday, June 22
10:15am Registration 10:30 Program Begins

To RSVP Please Call
860-754-3039

52 Missionary Road • Cromwell CT 06416
www.covenantvillageofcromwell.org



Getting away

European river cruises, Italy, Ireland and Florida remain popular destinations

by Lynn Woike
LIFE Staff

"Today's seniors are traveling more than ever before. Being retired, they have the time and tend to plan longer trips, too. Today's seniors are also much more adventurous and active than their parents were," Martha Kirsche at Wethersfield Travel said.

Recent senior groups have traveled to France, Italy, Scotland, Costa Rica and the Canadian Rockies.

Regardless of the destination, she said, "Escorted tours are also a very popular option for seniors because all the details of the day are already taken care of for you."

There are many choices.

"When choosing an escorted tour it is important to select the itinerary you want, the pace of travel you desire – how many nights in each destination – and the level of activity," Kirsche said.

"Some older adults would prefer a quiet bird walk through the rain forest in Costa Rica, where others really want to zip line through the trees."

Suzanne Aresco, travel manager at AAA, also finds guided vacations to be the most popular type of vacation for older people. There are trips that do not change hotels every night, that have later start times for tours and building in some free time, yet getting to all the must-see sites.

"Extremely popular, especially with seniors, are European river cruises."

– Suzanne Aresco, AAA travel manager

"More of a relaxed pace is something I'm certainly seeing for senior citizens," she said.

She added there are trips to many destinations that accommodate travelers wishing to go at a slower pace. Aresco said most people have a sense of what country they want to visit and know what they want to see. Italy remains an extremely popular destination for seniors.

"The other type of travel that is extremely popular, especially with seniors, are European river cruises, with some of the most popular rivers being the Rhine and the Danube. This is a great way to travel right through the heart of Central Europe," she said.

The boat typically holds only 150 people. You only unpack once and trips tend to be all inclusive.

"The boat is a floating hotel," she said.

While most river cruise boats can accommodate special needs, large cruise ships are well equipped to meet any mobility challenges and travel obstacles. They have handicap accessible staterooms and health care professionals onboard.

"When we have someone in a situation like that, we can work with an escorted tour partner to make accommodations," Aresco said.

Ireland is a popular destination.

"Ireland is an incredibly easy destination. It's easy to get around, there's not a language barrier, they're very friendly to the U.S. visitor," she said.

Those looking to travel there will be able to fly non-stop daily from Bradley to Dublin on Aer Lingus beginning in September.

Sharyn Holmes, senior center coordinator for the town of Farmington, said that health, finances and whether or not someone has a spouse with whom to travel typically impact choices made by those in their 70s and 80s.

"Travel gets more difficult as they age," she said.

Older adults may have limitations, in which case,

Joe Specializes in the
Medicare Marketplace
New to Medicare? Let me help!
Call to discuss your Medicare Choices & Options
Turning 65? Losing employer coverage?
Need extra help with Medicare prescription drug coverage?
Hospital Indemnity Plans • Medigap Supplements • Advantage Plans

Please Call Joe Wroblewski,
for a FREE
No Obligation Consultation
Helping people in the area for 19 years
860.372.4967
185 Silas Deane Hwy, Wethersfield

One of our many
"Rehab Star Graduates"

We Serve and Welcome
The Entire Community
Served over 2,000 individuals from
our surrounding communities
Short Term Rehab ~ Respite Care
Long Term Care ~ Memory Care
Skilled Nursing Care ~ Outpatient Rehab
Pilgrim Manor
Health & Rehab
A Covenant Retirement Community
5 Star Medicare Rating
52 Missionary Rd. • Cromwell 860-635-5511 covenantvillageofcromwell.org

"they do need someone watching out for them when a special need arises, someone they can lean on if something comes up," Holmes said.

"We do more day trips because they have more difficulty traveling far," she said. "A lot of seniors don't like to fly anymore."

Be they for a day or two weeks, she finds structured tours are the most popular.

Having a partner also makes a huge difference, Holmes said, not only for companionship, but when it comes to accommodations – the single rate is $100 or more than the double-occupancy per person cost.

When she plans trips, she typically chooses those that use only one or two hotels for a 10-day period.

"They don't like bouncing from hotel to hotel," she said of older travelers.

For that reason, she also sees seniors taking advantage of European river cruises. Italy and Ireland remain popular destinations, Holmes added.

She also knows of many seniors who travel to Florida for the winter months.

"There is something for everyone and the important part of planning a trip for seniors is to match them with the trip that is right for them," Kirsche said.

Friendship Tours Vice President Amy Schoen noted that motor coach trips are popular with people of a certain age who don't want to drive. An added benefit is that someone else has already worked out the details, purchased tickets, selected a restaurant, etc.

The company offers day trips throughout New England, New York and New Jersey, with overnight stays of one to eight nights in such places as Myrtle Beach, S.C., and Washington, D.C.

"The reason we're called [Friendship Travel] is because we believe that friendships are formed through travel," Schoen said.

No matter the destination, Aresco strongly urges people to work with a professional travel advisor who has knowledge of destinations and travel options.

"Don't try to do it yourself. We don't charge for our services and we're going to be there through the entire process to help guild you and advise you," she said.

While a AAA membership is not required to take advantage of the agency's travel assistance, members do get special benefits. **RHL**

Courtesy photos

GET MORE FROM...
LIFE
ADVERTISE WITH LIFE PAPERS
860.651.4700

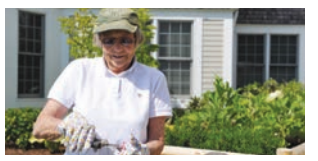
TurleyCT
COMMUNITY PUBLICATIONS
www.TurleyCT.com

The McGovern Granite Company
Since 1903
Monuments
Markers
Lettering

For Those We Honor on Memorial Day
860-956-1960
432 Fairfield Avenue, Hartford (across from Cedar Hill Cemetery)
www.mcgoverngranite.com

READ
LIFE
ONLINE AT
www.TurleyCT.com
TurleyCT
COMMUNITY PUBLICATIONS

Summer Stay
at SummerWood
Summer Stay Option! Experience the SummerWood lifestyle at our award-winning senior living community. Enjoy fine kosher dining and a wealth of other amenities including swimming at the JCC indoor and outdoor pools! Choose your own fully furnished apartment. *Contact Valerie today to learn more at 860-523-3808 or vbartos@hoffmansummerwood.org… this opportunity won't last!*



Hoffman SummerWood Community
A Member of the Hebrew HealthCare Family
160 Simsbury Road, West Hartford www.hoffmansummerwood.org

Slice of LIFE

photos by Mark Jahne

1

Rocky Hill High School Project Graduation held a cow chip raffle fundraiser April 23 at Sunnycrest Park. Proceeds will help support the all-night, alcohol-free and chemical-free celebration for the Class of 2016.

2

3

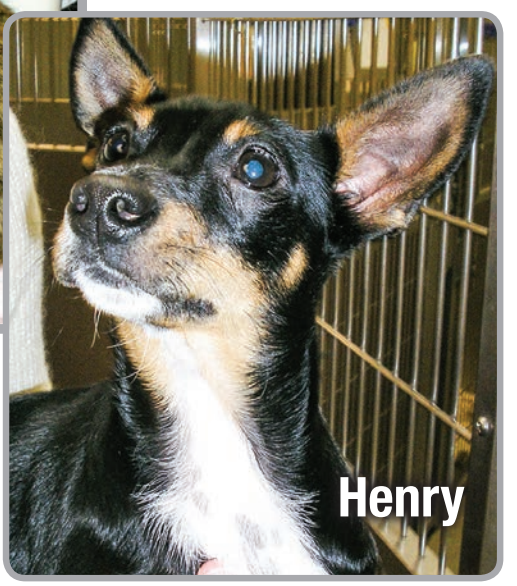
4

5

Where the chips fall

1. Members of the Whalen family from Hayes Farm include father John and, lined up on truck, children Kevin, Sarah and Katie. **2.** Gloria the cow from Hayes Farm was the featured attraction. She wasn't keen on all the attention or being placed in an unfamiliar field. **3.** After Gloria did her business and declared a winner, she jumped the fence and ran to the far side of the park, avoiding the people pursuing her. Once captured, she was taken to her trailer and returned to the farm without further incident. **4.** Charlie Friday records the proceedings on his smartphone. **5.** Among those in attendance were, from left, Lisa Devine, Maggie Janikowski, Sandy Bondi and Juanda Simons. In a cow chip raffle, people buy squares on a grid and the winner is the owner of the square where the cow poops. Top prize was $1,000.

a new leash on LIFE



Meet Henry, Spot and Precious

Henry is an energetic Chihuahua mix. Just 5 months old, he's full of play and affection. He would be a good fit in any type of home and would enjoy children of any age, as well as other pets. He needs training, exercise and socialization.

Spot and **Precious** are a brother-sister pair that can be adopted either together or separately. He's black and white and 7 years old. She's a calico/tortoise mix and 4 years old. They are OK with other cats, older children and perhaps even some dogs.

Inquiries about adoption may be made at the Connecticut Humane Society, 701 Russell Road, Newington. Call 860-594-4500. More information, including videos, can be found online at cthumane.org. Click on "Adopt" and "Newington." The Connecticut Humane Society is a private organization and has no time limits for adoption.

PET SUPPLIES PLUS®
Minus the hassle.

Sale prices valid:
May 26 - June 29, 2016

The Great Cat Takeover

Tail Waggin' Deals

2 weeks only! June 2 - June 15

10/$10.00 with card

Fancy Feast Broths or Purely Cat Food
1.4-2 oz. Pkg., All Varieties
YOU SAVE UP TO $3.30 ON 10

2 weeks only! June 16 - June 29

$12.98 with card

Tidy Cats Scoop Cat Litter
40 lb. Box, All Varieties
YOU SAVE $5.00

Store Coupon — Offer Expires 6/30/2016

$7 OFF ANY PURCHASE

MUST BE A PREFERRED PET CLUB MEMBER. SIGN UP IN STORE TODAY. IT'S EASY.

STORE COUPON. May be redeemed at participating Pet Supplies Plus locations only. Must be a Preferred Pet Club member. One coupon per household please. No cash value. May not be combined with any other total purchase offer. OFFER VALID THRU JUNE 30, 2016

PLU #89634

PET SUPPLIES PLUS

20/$11.00 with card — 55¢ PER CAN

OVER 60 VARIETIES!
Fancy Feast Cat Food
3 oz. Can, Select Varieties, *Excludes Elegant Medleys*
YOU SAVE UP TO $1.60 ON 20

2/$5.00 with card

Friskies Party Mix Cat Treats
6 oz. Bag
All Varieties
YOU SAVE $1.96 ON 2

$5.98 with card

Purina One Cat Food
3.5 lb. Bag
All Varieties
YOU SAVE $3.00

$10.98 with card

Meow Mix or Purina Cat Chow Cat Food
13-16 lb. Bag
Select Varieties
YOU SAVE UP TO $3.00

10/$11.00 with card

Muse or Wellness Cat Food
3 oz. Can
Select Varieties
YOU SAVE UP TO $3.80 ON 10

Connecticut stores are family owned and operated.

BRISTOL	GROTON	MANCHESTER	WEST HARTFORD	WETHERSFIELD	WETHERSFIELD
1168 Farmington Ave.	646 D. Longhill Road	283 W. Middle Tpk.	2480 Albany Avenue	1773 Berlin Turnpike	1142 Silas Deane Hwy.
860.585.5544	860.446.0022	860.533.9780	860.570.2461	860.563.3110	860.563.3510

25 YEARS OF
UNSCRIPTED, UNFORGETTABLE
CONVERSATIONS

THU . SEP 29 . 2016
RELIGION IN AMERICA 2016
The changing role of religion in our culture, our politics and our lives

THU . DEC 1 . 2016
THE FUTURE OF HIGHER EDUCATION
College 2.0 – What will it look like? What needs to change?

FRI . MAR 10 . 2017
DISRUPTION!
Change-makers in business, media & politics

SAT . MAY 6 . 2017
A CONVERSATION BETWEEN...
Fascinating people, big ideas

THE CONNECTICUT FORUM

2016-2017 SEASON —
SUBSCRIBE NOW TO GET THE BEST SEATS!
CALL 860.509.0909 OR VISIT CTFORUM.ORG
TO SEE THE LATEST LINEUP OF PANELISTS.

ALL FORUMS LIVE AT THE BUSHNELL AT 8PM.

LIFETIME PATRONS: Aetna | Connecticut Public Television and Radio | The Hartford Financial Services Group | Lincoln Financial Foundation
The Rosalyn Group | Stanley Black & Decker | Travelers | United Technologies Corporation | Voya Financial

rocky hill LIFE

540 Hopmeadow Street, Simsbury, CT 06070
860-651-4700

Read our publication online at TurleyCT.com

KEITH TURLEY, Publisher

EDITORIAL
Abigail Albair, Executive Editor
aalbair@turleyct.com
Mark Jahne, Editor
Alison Jalbert, Assistant Editor

STAFF WRITERS
Alicia B. Smith, Allie Rivera, Mara Dresner, David Heuschkel, Sloan Brewster

ADVERTISING SALES
Alana DiMarco
alana@turleyct.com,
860-264-5723

PAGE DESIGNERS
Daniel Kornegay, Cynthia Martel, Robert Sirois

GRAPHICS DEPARTMENT
Barbara Ouellette, Production Manager
ads@turleyct.com, 860-264-5523
Maureen LaBier, Production Assistant
Daniel Kornegay, Corley Fleming, Cynthia Martel, Kathy Kokoszka, Mary Grimes

CIRCULATION
For circulation issues, please call 860-651-4700

FOLLOW US ON

published by
TurleyCT COMMUNITY PUBLICATIONS

Editorial

It's time to clean up the fiscal mess

The state legislature is in the throes of one of its most unpleasant sessions in recent memory. The state budget is untenable, the deficit is completely out of control and getting worse, and next year promises to be even more grim.

How did we get into this mess? The short answer is careless spending, big government, trying to fund every program that came along, and then some. Also to blame are years of raises for state employees and maintenance of a benefit package that few in the private or nonprofit sector enjoy.

It's easy to spend someone else's money. They do it in Washington, D.C., all the time, and Connecticut is no different. Just increase taxes or borrow more and don't worry about the ramifications until they arrive.

Well, those ramifications have arrived, and are falling on us like unrelenting rain. Trimming and tucking won't fix the problem. Major cuts are needed and major changes in how state government operates must be adopted so that, once we dig out of this sinkhole, we don't fall in again.

Gone are the days when employee unions can say they are doing their part by only asking for a 1 or 2 percent wage increase. A large number of the working residents of Connecticut have not seen a raise of even $1 in years, so there is little support for those who paychecks grow with every contract.

These same people with flat wages are also paying more every year for health insurance. Union people are paying more, too, but they tend to have better plans.

While the cuts need to be made with a hacksaw rather than a scalpel, certain programs should be spared as much as possible, specifically those that help people who can't help themselves. That means programs serving senior citizens, little children, the unemployed and those with disabilities.

The legislature and governor would also be wise to take a comprehensive look at the business climate. Connecticut is a notoriously business-unfriendly state and if that doesn't change we will most assuredly see more major corporations and even smaller operations move to greener pastures, as General Electric did a few months ago when it announced it is vacating Fairfield.

Business taxes here are too high and there are too many of them. Regulations are even more numerous and ponderous. There are some that need to stay, like those that protect the environment and workers, but others that have limited value can easily be discontinued.

With all of the attention being paid to the presidential campaign, little has been said yet about the legislative elections that are also on tap this November. That will change when candidates are formally nominated and voters are encouraged to pay close attention to what the candidates for the state Senate and House have to say.

What they do, in many ways, affects us more than what happens in Washington. We need to ask them what they are going to do to get us out of this fiscal mess. **RHL**

Letters

Where are the savings?

To the Editor:

It seems that every few days there is a comment about the Niagara Bottling Co. and the MDC, mostly in opposition to the semi-secret deal made between the two. In all the articles that I have read, the only two towns that are constantly and wisely stating this opposition are Bloomfield and West Hartford.

West Hartford and Bloomfield residents met April 27 to question the transparency of the MDC to sell water to a bottling company in Bloomfield and are backing Senate Bill 422 to limit the amount of water the commercial bottling companies can withdraw from Connecticut and sell out of state.

West Hartford Town Manager Ron Van Winkle met with the MDC on April 27 and Mayor Scott Slifka was quoted on April 28 that Niagara Bottling's plan to draw up to 1.8 million gallons a day (at a discount) could result in a $10 reduction in our (the member towns that get water from the MDC) water bills annually.

Niagara Water and the MDC have been smoking too many water pipes if they think $10 per year is a good deal to pump 1.8 million gallons of water out of our reservoirs and all the sewage and plastic that is generated in the process. Who pays for that mess?

There are eight MDC member towns including Rocky Hill and another five or six that buy water from the MDC. Where is their voice in support of the citizens of West Hartford and Bloomfield and all of us who depend on the MDC water?

Do I presume that our mayor and town manager think that the Niagara Bottling Co. drawing down up to 1.8 million gallons of water and generating millions of plastic bottles is a good deal for a possible saving of $10 a year?

John Chilicki

WALKWAYS • WALLS • PATIOS • PAVERS • POOLSCAPES

DELIVERY OF MULCH, STONE & TOP SOIL

Landscape Design • Lawn Maintenance • Pruning • Stump Grinding
Brush Chipping for Trees • Bobcat & Excavator Services
Grading of Lawn Areas for Sod and Seed • Debris Hauling
Installation & Removal of Plants, Shrubs & Trees • Hedge & Shrub Trimming

Griffin LANDSCAPING, INC.

Check out our updated photos
860.257.3146
GRIFFINLANDSCAPING.COM

100914

HOME & GARDEN

NEW ENGLAND PATIO & HEARTH
There's A Style To Living

974 Silas Deane Highway • Wethersfield (860) 563-1000
65 Albany Turnpike (Rt. 44) • Canton (860) 693-0436
www.newenglandpatioandhearth.com

Outdoor Furniture • Wicker • Fireplace Furnishings

Water Problems?

30+ Years of Stopping All Types of Water Leaks!

From Roofs to Basement Waterproofing

Hatchway Stairwells • Foundation Cracks
Window Wells • Chimneys
—Slate and Flat Roof Repair—

Entrusted to work on churches, schools, hospitals and other landmark institutions as well as the residential market since 1983.

Just Google JP Bachand Contracting for website and more.

JP Bachand Contracting
860-666-9737 Newington
CT Department of Consumer Protection Reg. # 0511842

WET BASEMENT?

TRUST IN OUR 40 YEARS OF EXPERIENCE

Rocco Balesano Contracting LLC

Foundation Cracks
Basement Drainage Systems
Yard Drainage
Sump Pumps
Window/Dry Wells, etc.

Call for a free estimate and never deal with a wet basement again!

860-236-0071

LOCALLY OWNED AND OPERATED
FULLY INSURED
ALL WORK GUARANTEED
SENIOR DISCOUNT

MULCH, TOPSOIL, & ORGANIC COMPOST

grow something special

HARVEST™ New England
We Deliver!
www.harvestpower.com
860.674.8855

Salone Electric, Inc.

www.saloneelectric.com
saloneelectric@gmail.com

Residential & Commercial
Electrical Contractor

Outdoor Landscape Lighting and Service Upgrades ▪ Generators

Specializing in one-on-one customer service experience for all your electrical needs!
Family-owned and operated since 1988.

ASK US ABOUT THE INCENTIVES FOR COMMERCIAL LED LIGHTING!

Office: 860-666-4532
Cell: 860-250-2589

CT LIC 0192694E1

HOME & GARDEN

HARMONY
Home Improvement

100% FINANCING AVAILABLE

Creating a Harmony customer, contractor & community

ROOFING • SIDING • WINDOWS & more...

CALL NOW for our SUMMER ROOFING SALE

CALL NOW for a FREE upgrade to lifetime shingles
with this ad only

860-645-8899

lic. #604200/Fully Insured/Free Estimates

Factory Certified with GAF CertainTeed

022411

CELEBRATION of LIGHT
SAVINGS EVENT

From glare to glow.

Sunlight, beautifully transformed
with Hunter Douglas window fashions.

Save $100* or more with rebates on qualifying purchases, April 12–June 27, 2016.

The Paint Spot
34-36 Shunpike Road, Cromwell
860-635-1111 www.paintspotcromwell.com
M-W: 7:30 AM-5:30PM, Th: 7:30 AM-6:00 PM, F: 7:30 AM-5:30 PM, Sat: 8:00 AM-5:00 PM

57382

*Manufacturer's mail-in rebate offer valid for qualifying purchases made 4/12/16–6/27/16 from participating dealers in the U.S. only. Offer excludes Nantucket™ Window Shadings, a collection of Silhouette® Window Shadings. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a $2.00 monthly fee will be assessed against card balance 7 months after card issuance and each month thereafter. Additional limitations may apply. Ask participating dealer for details and rebate form. ©2016 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners. SPG16MB2

STEPHEN OUELLETTE
HOME IMPROVEMENT

ROOFING & SIDING
Replacement Windows • Gutters
Decks • Additions

860-667-2160

36022-01

Free Estimates
Licensed & Insured
Lic. #00556269

HARVEY INSULATING WINDOWS & DOORS

ANDY WOTTON PLUMBING & HEATING, LLC
(860) 833-8153

Old fashion, honest, reliable service at a reasonable price. All residential plumbing, repairs done from leaky faucets to oil/gas heat conversions.

Call today and we will show you quality still makes a difference!

KITCHEN CABINETS
Direct to the Public • Save BIG!

Sales • Design • Installation • Do-it-yourself

Ask about our great contractor discounts

- Variety of colors and styles
- Quality Workmanship
- Granite Counter Tops & Vanities

Northeast Cabinet Sales
(860) 994-3188

HOME & GARDEN

Everything for Your Home

Licensed: CT -HIC. 0510051 • CT-CAM.0000680 • Fully Bonded & Insured • In-House Employees

Complete Residential & Commercial Property Management

Free Estimates, No Pressure

THE MAGEE COMPANIES
Remodeling Contractors
Property Managers
Professionalism Since 1972

WINNER! BEST OF Hartford MAGAZINE 2010 2011 2012 2013 2015 2016

860-953-2200
7 CODY STREET • WEST HARTFORD, CT
MageeCompanies.com

PLAY, RELAX
or even better, just do both!

BILLIARDS • GAMEROOM FURNITURE • BARSTOOLS

Come see our extensive selection of Outdoor Furniture!

WE'RE THE GOOD GUYS

CUSTOMER SATISFACTION • NEAT, CLEAN, PROFESSIONAL

Professional Dependable Company • All Aspects Of Electrical Work

- General Repairs • Home Inspection Repairs • Outdoor Lighting
- Motors & Generators • Fire Alarms • Security • Computers
- Remodeling Bathrooms, Kitchens, Basements • Roof Deicers
- Bath Fans/Paddle Fans • Fuses Upgraded to Circuit Breakers
- Cable TV Wiring • Bucket Truck • Electrical Repairs to Existing Wiring

All Work Guaranteed • Same Day Service

AA ELECRICAL SERVICES

AA ELECTRICAL
E1-102626

860-953-8830
www.connecticut-electrician.com
134 Reed Avenue • West Hartford

Walkways • Patios • Retaining Walls • Firepits• Decorative Stone • Mulch • Topsoil

CEDAR MOUNTAIN Stone & Mulch

1943 Berlin Turnpike • WETHERSFIELD
860.563.9200
www.cedarmountainstoneandmulch.com
Like us on Facebook

One of Greater Hartford's Largest Retail Distributors of Landscape Products

CLASSIFIEDS

Avon • Canton • Farmington • Glastonbury • Newington • Rocky Hill • Simsbury • West Hartford • Wethersfield

Vacation Rental

★★★★★★★

SPECTACULAR PRIVATE OCEAN BEACH! JUST BRING YOUR TOWELS!
Shelter Harbor, RI. 2 BR cottage, AC, beautiful saltwater pond, private beach, Tennis, no pets. Great for trips to Watch Hill, Newport, Mystic. Available August 27-September 3. $1,200/week.
Call 860-658-4115

★★★★★★★

Cleaning Services

ADA'S HOUSE CLEANING – Quality personal service. Weekly, biweekly, or monthly. Specializing in help to clean before closing/moving or one time cleaning. In business since 2000. Call 860-521-3823 or 860-944-6541. Lic & insured #1110413.

Cleaning Services

ECOCLEAN GREEN CLEANING SERVICE for your home, office or business. We clean using eco-friendly cleaning products. We clean weekly, bi-weekly or one-time.
SPRING SPECIAL: Second cleaning 50% OFF.
www.ecoclean-ct.com
email: katrina@ecoclean-ct.com or call Katrina at 860-676-2729.

Help Wanted

GOOD ATTITUDES REWARDED. MERRY MAIDS NOW HIRING full time or part time. Must be able to work Monday-Friday from 8am-5pm. No nights, holidays or weekends. Must have own car, driver's license and insurance. Please call 860-563-8367 to set up an interview.

Wanted to Buy

I BUY HOUSES AS-IS. CASH. Call today 860-674-9498 or Email: john@boucherbuilding.com CT. REG. # 530518

PAYING CASH for old mahjong sets, incomplete sets okay. 860-231-8466.

For Sale

NEW/USED FITNESS EQUIPMENT - Best brands of commercial grade at the right price for the homeowner. Treadmills, bikes (upright/recumbent/spin), ellipticals, steppers, stairmasters, many to choose from!! Great quality, Low prices!! Call Michelle (860)906-4408 or Luis (860)268-7114.

EXERCISE WORK-OUT BENCH - For Sale. Hardly used. $60.00. Call 860-232-0248

Services

MIDSTATE GUTTER COMPANY, LLC - Local small business specializing in the installations of 5" and 6" Seamless Gutter Systems, Gutter Covers, Gutter Repairs and Gutter Cleanings. Chop and Drop Service available. CT HIC# 0626585, Fully Insured. www.midstategutter-company.com. Free Estimates. Call Mike at Midstate 860-878-1843

K&J TREE SERVICE- Tree removal, shrubbery trimming, brush chipping, and yard cleanup in CT. Certified climber. Free estimates, the lowest prices, fully insured. Call Kris 860-470-4494

BENEDICT OVER-HEAD DOOR. Is your one stop for all garage door problems. CT HIC #0621772. Call 860-828-2951.

Services

RH MASONRY SERVICES, LLC - All masonry from new construction to repairs of walkways, patios, pool decks, chimneys/fireplaces, retaining walls. Brick, stone, veneer, pavers, etc. Licensed and Insured. Free estimates. 860.483.0139 www.rhmasonryct.com/

ANDY WOTTON PLUMBING & HEATING, LLC 860-833-8153. We offer honest plumbing at a reasonable price. Estimates are always given before any work is done. From snaking your main drain to water heaters and boilers, faucets and leaky pipes - WE DO IT ALL. Remember with Andy Wotton Plumbing, it's not done until you say it is. Call today 860-833-8153. Licensed and insured P10282605 S1 0402048.

BATHROOM RE-FINISHING. Tub and Shower Replacement -economical to custom. Do the job right - replace - don't cover up. Toilets, sinks and vanities as well. Reasonable, licensed and insured. Charles Peterson 860-839-0246.

CHS CARPENTRY. Kitchen & Bathroom full remodeling, windows, doors, decks, porches, cabinets, installation, paint, custom tile installation, drywalls, siding, rooing, floors & trim work. Fully licensed & insured. References available. Reg.#612982 Call 860-803-5535 or email chscarpentry@live.com

Services

Z-THE HANDYMAN, LLC HOME IMPROVEMENT. Interior. Exterior. Painting, flooring, decks, power washing, vinyl siding, roofing, etc. Don't pay high prices, Call 860-690-2855. Ask for John. Licensed & Insured.

PROTECT YOUR INTELLECTUAL PROPERTY. Patents, trademarks etc. Call Ted Paulding. No longer representing the big guys. Now helping the little guys become a big guy. 860-474-5181.

HOME WATCH SERVICE - THE ALTERNATIVE TO HOUSE SITTING for snowbirds, vacationers, empty homes for sale. Professional & Insured. www.mindyourmanorct.com. 860-805-6226

PIANO TUNING AND REPAIRS by Hartt School of Music trained tuner. Piano cleaning and climate control also available. Contact Ted Williams 860-228-0309. or call 860-940-8713

Gamblers Anonymous

Gamblers Anonymous can help you. Take back your life. Phone: 855-2-CALL-GA 855-222-5542 to speak with someone. Gamblers Anonymous is a non-profit fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. www.gamblersanonymous.org.

Classified Ads:

$40 for up to 20 words, 30¢ each additional word

Classified Ads run monthly in all 6 of our local publications. If ordering by mail, please make checks out to TurleyCT or provide your Credit Card information. PAYMENT MUST BE RECEIVED BY DEADLINE OR YOUR AD WILL NOT RUN. We accept Mastercard, Visa and American Express. Make checks payable to TurleyCT.

3 WAYS TO PLACE A CLASSIFIED AD!
Call: 860-264-5656
Email: mlabier@turleyct.com
Mail: TurleyCT
Attn: LIFE Classifieds
PO Box 497
Simsbury, CT 06070

Name (PRINT) _____ *AD TEXT* _____

Company: _____

Address: _____

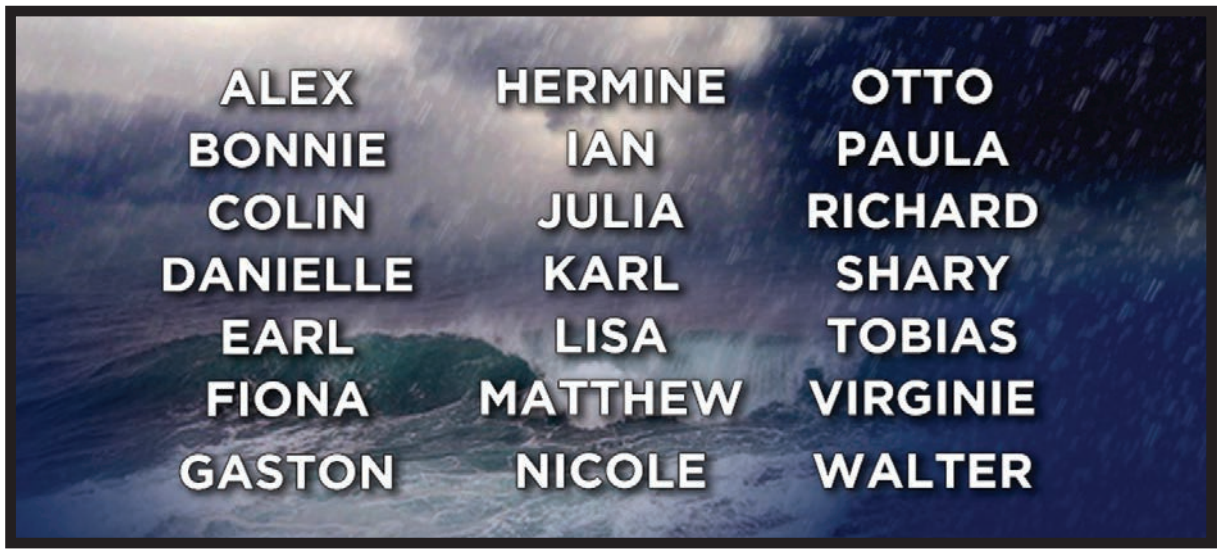
Phone: _____

Check or Card # _____

Exp Date _____ *Security Code* _____

No. of Months to run: _____

BY MARK DIXON
WFSB METEOROLOGIST [AMS]



Going into the 2016 Hurricane Season...

The Atlantic Hurricane Season of 2015 featured 11 named storms, 4 reached hurricane status and of those only 2 became MAJOR hurricanes. Furthermore, there were just two (Ana and Bill) that made US landfalls (both as tropical storms).

The list of names last year is one of 6 used in rotation for the Atlantic Basin (including the Gulf of Mexico and the Caribbean) ... alternating gender, starting at the top of the alphabet. Two names will be retired by the WMO (World Meteorological Organization, a group of international scientists) for the list that will be used again in 2021. Erika will be replaced with "Elsa" and Joaquin will be replaced with "Julian." Names are retired when a storm was either so deadly or costly.

The Atlantic season runs from June 1st through November 30th ... we'll of course keep you updated on any and all development! In fact, Alex already formed (in January, the 1st to do so since 1955 in that month). The complete list is in the graphic above.

Before getting a name, a Tropical Depression forms (they get numbers). An "average season" includes 12 Tropical Storms (wind 39mph or greater), 6 Hurricanes (wind 74mph or greater) and 3 Major Hurricanes (111mph or greater). The initial outlook for 2016 is for the season to be perhaps more active than the past several years. **RHL**

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

WE BEAT EVERYBODY

GUARANTEED LOWEST PRICES

Visit us at moderntirect.com

PLUS No Interest If paid in full in 6 months

Apply for Instant Approval! See stores for details

PLUS!

With every 4 Tire Purchase

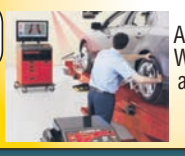
You Choose

4 FREE Lube, Oil & Filters

Incl. up to 5 qts Mobil Special 5w30 motor oil, oil filter, lube & courtesy ck. Most Vehicles.

OR

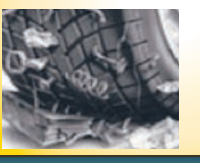
FREE Front End Alignment



Specialty, Thrust Angle and Complete 4 Wheel Alignments are additional - see store for your vehicle's alignment type.

OR

FREE Road Hazard Protection



Covers FREE Flat Repairs and Tire Replacement for Road Hazards - See store for full coverage details.

$20 OFF ANYTHING

Lube, Oil & Filter • Tune Up
Wiper Blades • Coolant Service
Headlights & Bulbs
Batteries • Shocks/Struts • Brakes
Electrical • Diagnostic • Heating
Transmission • Alignment

$50 OFF ANY SERVICE Over $150

FREE A/C Output Test

Curious what temperature your A/C system is blowing? Let us tell you for FREE.

Present Coupon for savings. Excludes Tire Service and Emissions. Not valid with other discounts. Not combinable. Exp. 6/25/16.

EXPRESS LUBE, OIL & FILTER

$19.99 Includes up to 5 qts. Mobil Special 5W-30 motor oil, oil filter, lubrication & courtesy check. Most cars.

Plus FREE TIRE ROTATION

Must present coupon. Not valid with any other discounts. Expires 6/25/16. Oil disposal fee add'l.

BRAKE PADS or SHOES

$99.99 installed, per axle
Most vehicles
Brake systems are complex.
Stop by or call for a convenient appointment to have our experts inspect your system.

FREE BRAKE INSPECTION
Let our staff inspect your brake system.

There may be extra costs for additional parts and labor.

Must present coupon. Expires 6/25/16. Not valid with any other discounts.

SPRING CAR CARE

- Brake Inspection
- Standard 5 qt. oil change & filter
- Tire Rotation and Air Pressure Set
- Battery Test -- Underhood fluid check
- Courtesy check of lights, belts, wipers, suspension, filters and more.

$29.99

Must present coupon for savings. Most cars and light trucks. Expires 6/25/16. Not available with other discounts. Oil disposal fee add'l.

MODERN TIRE AND AUTO SERVICE

moderntirect.com

CHECK OUT OUR OTHER LOCATIONS

3455 Berlin Turnpike, Newington
Just before Stew Leonard's
860-666-2404

Open Sundays 9am-4pm
Mon-Fri 7AM-6PM, Sat 8AM-5PM

867 Cromwell Avenue, Rocky Hill
Next to Westside Market
860-760-9000

MODERN TIRE
898 Farmington Ave., Rt 4
Farmington 860-677-5454

MODERN TIRE
514 West Main Street
Cheshire 203-272-3296